



March 2025

Malden Schools K-8

LUNCH MENU

- Possible Daily Offerings:**
- Turkey or Ham Sandwich
 - Sun Butter & Jelly Sandwich
 - The All American Cheese Sandwich
 - Fun Lunch (V)
 - Yogurt Fruit Cup
 - Bento Boxes (Varieties)

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% Milk Or Low Fat Milk

Powering potential.

	MON	TUES	WED	THUR	FRI
	3 Cheesy Breadsticks Marinara Dipping Sauce Steamed Carrots Red Delicious Apples	4 Nacho Bar Steamed Corn Black Beans Fresh Melons	5 Early Release Day	6 All Beef Cheeseburger Halal Burger Vegetarian Baked Beans Roasted Cauliflower Orange Slices	7 Shop Style Cheese or Pepperoni Pizza Side Salad Cucumber Slices Juicy Grapes
	10 Meatball Parmesan Sub Crinkle Fries Cucumber Slices Red Delicious Apples	11 Mini Corn Dogs Green Bean Baby Carrots Fresh Melons	12 Chicken Broccoli Alfredo over Penne Pasta Whole Grain Dinner Roll Grape Tomatoes Bananas	13 Crispy Chicken Tenders Halal Chicken Nuggets Sweet Potato Fries Celery Sticks Orange Slices	14 Individual Deep Dish Pizza Red Pepper Strips Side Salad Juicy Grapes
	17 Chicken & Waffle Sandwich Roasted Corn Cucumber Slices Red Delicious Apples	18 Sloppy Joe Sandwich Crispy Tater Tots Red Beans Fresh Melons	19 Orange Chicken over Rice Roasted Broccoli Grape Tomatoes Bananas	20 Juicy Beef Hot Dogs Halal Hot Dogs Vegetarian Baked Beans Baby Carrots Orange Slices	21 Shop Style Cheese or Pepperoni Pizza Side Salad Cucumber Slices Juicy Grapes
	24 Breakfast at Lunch French Toast Sticks, Turkey Sausage Links Sweet Potato Fries Celery Sticks Red Delicious Apples	25 Crispy Chicken & Bacon Melt Steamed Peas Baby Carrots Fresh Melons	26 Homemade Meat Sauce over Rigatoni Whole Grain Dinner Roll Steamed Green Beans Grape Tomatoes Bananas	27 All Beef Cheeseburger Halal Burger Crinkle Fries Celery Sticks Orange Slices	28 Individual Deep Dish Pizza Steamed Carrots Cucumber Slices Juicy Grapes
	31 Popcorn Chicken Bowl (Popcorn Chicken, Mashed Potatoes and Steamed Corn) Celery Sticks Red Delicious Apples	<p><i>We Now Serve Halal Deli Turkey & Cheese Sandwiches Daily. Please Ask Your Server for Details</i></p>		<p><i>Please Inform your Server of any Food Allergies</i></p>	<p><i>If you have any questions please call the Food Service Department 781-397-6035</i></p> <p>Have a Great Day</p>



Menus are subject to change.



This institution is an equal opportunity provider.



March 2025

Public Schools E.L.C.

LUNCH MENU

Daily Offerings:

Sun Butter & Jelly

The All American Cheese Sandwich

Locally Sourced Produce Used When Available

All Lunches Must Include Choice of Fruits and/or Vegetable And May Include: 1% Milk Low Fat

MON	TUES	WED	THURS	FRI
3 Italian Dunkers With a Marinara Dipping Sauce Baby Carrots Apple Slices	4 Breakfast For Lunch French Toast Stick Turkey Sausage Patties Cucumber Slices Orange Slices	5 Early Release Day	6 Grilled Cheese Sandwich Sweet Potato Fries Blueberries	7 Personal Size Cheese Pizza Celery Bites Fruit Punch
10 Popcorn Chicken Sweet Potato Fries Orange Slices	11 Breakfast For Lunch Mini Whole Grain Waffles Turkey Sausage Patties Tater Tots Blueberries	12 Mac & Cheese Roasted Broccoli Bananas	13 Philly Cheese Sandwich Crinkle Fries Fresh Melons	14 Personal Size Cheese Pizza Cucumber Slices Fruit Punch
17 Cheese Nachos Roasted Corn Black Beans Diced Peaches	18 Breakfast For Lunch Mini Pancakes Turkey Sausage Patties Sweet Peas Fresh Melons	19 Homemade Marinara over Pasta Steamed Carrots Apple Slices	20 Popcorn Chicken Sweet Potato Fries Orange Slices	21 Personal Size Cheese Pizza Cucumber Slices Fruit Punch
24 Crispy Chicken Sandwich Tater Tots Apple Sauce	25 Breakfast for Lunch Chocolate Chip French Toast Turkey Sausage Patties Steamed Corn Fresh Melons	26 Pizza Crunchers Carrot Bites Blueberries	27 Grilled Cheese Sandwich Tater Tots Orange Slices	28 Personal Size Cheese Pizza Cucumber Slices Fruit Punch
31 Chicken Nuggets Mashed Potato Fresh Melons	Menus are subject to change.			

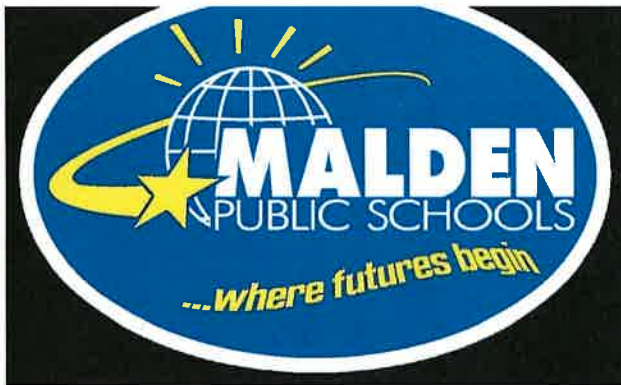
Powering potential.

(Please inform your Server of any Allergies you May Have)

Any Questions please Call Food Service Department at 781-397-6035



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March 2025

Malden Schools 5-8

LUNCH MENU

Possible Daily Offerings

Ham or Turkey Sandwich

Sun Butter & Jelly Sandwich

The All American Cheese Sandwich

Fun Lunch

Yogurt Fruit Cup

Bento Box

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% Milk Low Fat Milk

Powering potential.

	MON	TUES	WED	THURS	FRI
	3 Meatball Sub Sweet Potato Fries Grape Tomatoes Fresh Melons	4 Breakfast at Lunch Buttermilk Pancakes Warm Blueberries Sausage Links Steamed Carrots Cucumber Slices	5 Early Dismissal	6 Fish Sticks & Fries Vegetarian Baked Beans Celery Sticks Red Delicious Apples	7 Shop Style Cheese or Pepperoni Pizza Side Salad Cucumber Slices Orange Slices
	10 Double Stuffed Breadsticks Served with Marinara Sauce Garbanzo Beans Red Delicious Apples	11 Popcorn Chicken Bowl (Mashed Potatoes, Popcorn Chicken and Corn) Fresh Melons	12 Mac & Cheese Whole Grain Dinner Roll Steamed Carrots Celery Sticks Bananas	13 Beef & Cheese Burritos Crispy Tater Tots Cucumber Slices Orange Slices	14 Personal Deep Dish Cheese or Pepperoni Pizza Sweet Peas Pepper Strips Blueberries
	17 Chicken & Bacon Melt Spiral Fries Grape Tomatoes Fresh Melons	18 Nacho Bar Steamed Corn Black Beans Orange Slices	19 Pasta & Meatballs Whole Grain Roll Steamed Green Beans Baby Carrots Bananas	20 Cheesy Dogs Halal Hot Dogs Smiley Fries Cucumber Slice Red Delicious Apples	21 Shop Style Cheese or Pepperoni Pizza Side Salad Baby Carrots Grapes
	24 Chicken Pineapple & Rice Bowl Steamed Carrots, Celery Sticks Red Delicious Apples	25 Beef & Cheese Sub (Warm Cheese Sauce) Crinkle Fries Cucumber Slices Fresh Melons	26 Chicken Pasta Alfredo Whole Grain Roll Roasted Broccoli Grape Tomatoes Bananas	27 Buffalo Chicken Meatballs With Mac N Cheese Wheat Rolls Roasted Cauliflower Baby Carrots Orange Slices	28 Personal Size Dish Cheese or Pepperoni Side Salad Pepper Strips Grapes
	31 Chicken Parmesan Sandwich Spiral Fries Grape Tomatoes Fresh Melons	Menus are subject to change.			

Halal Items Available Every Thursday

Please inform Your Server of Any Food Allergies you may Have

Any Questions Please Call 781-397-6035



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March 2025

Malden High School

LUNCH MENU

Made To Order Deli Bar

Various Cold Cuts & Cheeses Available

Tuna Salad, Chicken Salad & Egg Salad

Lettuce & Tomato Slices

Yogurt & Fruit Platters or Parfaits

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include 1 % Milk Or Low-Fat Milk

Powering potential.

	MON	TUES	WED	THURS	FRI
	3	4	5	6	7
	Orange Chicken Over Rice Sweet Peppers & Onions Celery Sticks Orange Slices	Beef Sloppy Joe Sandwich Sweet Potato Fries Baby Carrots Grapes	Early Dismissal	Chicken, Broccoli & Ziti Alfredo or Garlic Butter Sauce Grape Tomatoes Multi-Grain Dinner Roll Red Delicious Apples	Shop Style Cheese or Pepperoni Pizza Side Salad Sliced Cucumber Fresh Melons
	10	11	12	13	14
	Meatball Sub with Spiral Fries Celery Sticks Grapes	BBQ Chicken on the Bone Flavorful Brown Rice Red Beans Sliced Oranges	American Chop Suey Multi-Grain Dinner Roll Roasted Broccoli Grape Tomatoes Bananas	Country Chicken Bowl (Popcorn Chicken Gravy, Corn & Mashed Potato) Red Delicious Apples	Shop Style Cheese or Pepperoni Pizza Side Salad Sliced Cucumbers Fresh Melons
	17	18	19	20	21
	Chicken & Waffles Roasted Corn Celery Sticks Red Delicious Apples	Grilled Ham & Cheese Sandwich Tater Tots Baby Carrots Grapes	Chicken Lo Mein Celery Sticks Sweet Peas Bananas	Chose your Own Topping Hot Dog Bar Roasted Cauliflower Baby Carrots Sliced Oranges	Shop Style Cheese or Pepperoni Pizza Side Salad Sliced Cucumbers Fresh Melons
	24	25	26	27	28
	Teriyaki Beef & Broccoli Over White Rice Pineapple Chunks	Breakfast at Lunch Buttermilk Pancakes Turkey Sausage Links Warm Blueberries Steamed Corn Celery Sticks	Homemade Pasta & Meatballs Multi Grain Dinner Roll Green Beans Grape Tomatoes Bananas	Homemade Meatloaf Mashed Potatoes Mixed Vegetables Grapes	Shop Style Cheese or Pepperoni Pizza Side Salad Sliced Cucumbers Fresh Melons
	31				
	Chicken Parmesan Sandwich Sweet Potato Fries Grape Tomatoes Orange Slices				

Menus are subject to change.

(Halal Items Available Every Thursday. Please order Halal Items the day before to insure Product Availability)

Please Inform your Server of any Allergy you may Have

Any Questions Please Call 781-967-8895



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