



February 2023

MALDEN PUBLIC SCHOOLS | MOST SNACK MENU

MON	TUES	WED	THURS	FRI
		Whole Grain Muffin ¹ Fresh Fruit	Protein Benefit Bar ² Fresh Fruit	Whole Grain Pretzels ³ String Cheese Fresh Fruit
Nutri Grain Bar ⁶ Fresh Fruit	Whole Grain Cheez Its ⁷ String Cheese Fresh Fruit	Whole Grain Muffin ⁸ Fresh Fruit	Scooby Snacks ⁹ Yogurt Cup Fresh Fruit	Snack and Lunch Provided ¹⁰
Benefit Bar ¹³ Fresh Fruit	Strawberry Bagelfuls ¹⁴ Fresh Fruit	Tiger Bites ¹⁵ Yogurt Cup Fresh Fruit	Whole Grain Pretzels ¹⁶ String Cheese Fresh Fruit	Cheerios Strawberry Bar ¹⁷ Fresh Fruit
NO SCHOOL ²⁰	NO SCHOOL ²¹	NO SCHOOL ²²	NO SCHOOL ²³	NO SCHOOL ²⁴
Nutri Grain Bar ²⁷ Fresh Fruit	Whole Grain Cheez Its ²⁸ String Cheese Fresh Fruit			

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Menus are subject to change.

All Lunches Must
Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk



This institution is an equal
opportunity providers