



Malden High School - Daily Features



Off The Grill & Kickin' Chicken Bar

Juicy Beef Burger, Whole Grain Breaded & Baked Chicken Breast or Buffalo Chicken Served on A Whole Grain Roll

Toppings Include: Lettuce, Tomato, Pickles, Cheese, Honey Mustard, BBQ Sauce or Mayonnaise



Tex-Mex Fiesta Bar

Choice Of Seasoned Ground Turkey, Beef, or Chicken

Toppings Include: Whole Grain Corn Tortilla Chips, Warm Queso, Black Beans, Shredded Lettuce, Diced Onion, Fresh Jalapenos, Sour Cream, Salsa, or Guacamole



Fresh Stop Salad Bar

Choice of Fresh Romaine or Spring Mix

Toppings May Include: Grilled Chicken, Buffalo Chicken, Hard Boiled Egg, Shredded Carrots, Grape Tomatoes, Green Peppers, Cucumber, Garbanzo Beans, Red Onion, Bacon Bits, Corn, Mozzarella Cheese and more!



Nedlam's Deli

Choice of Turkey, Ham, Salami, Tuna, Egg Salad, Chicken Salad, Cheese, and Bacon

Served on A Whole Grain Hoagie Roll or Sub Roll

Toppings Include: Lettuce, Tomato, Cucumber, Pickles, Hot Peppers, Mustard or Mayonnaise



Pizza & Pasta Palooza

Hand Crafted Pizzas

Pasta Bolognese

Chicken Broccoli Ziti

Macaroni & Cheese

Blanco French Bread Pizza

Pizza Crunchers

Hand Crafted Calzones

Cheesy Bread



Every Meal Comes Complete with Fruits or Veggies.

Fruit & Veggies May Include:

Carrots, Cucumbers, Tomatoes, Celery, Hummus, Fresh Fruit, Fruit Cups, Raisins, 100% Fruit Juice, and Nutrient Dense Grains.

1% White Milk.

Chocolate Milk, or Lactaid Milk Is Served with Every Meal.

When Possible, We Will Purchase Locally and Source Out Farm to Table Ingredients.





Main Event

Rotating Daily Special Event

Everyday options including:

Buffalo Chicken Sandwich

Crispy Chicken Drumstick

Chicken Tender & Popcorn Chicken Boats



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Grab n' Go Salads

Berry Berry Spinach Salad

Greek Salad

Chicken Caesar Salad

Crispy Chicken Salad

Tuna Salad




Grab n' Go Sandwiches

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| Turkey Wraps | Chicken Ranch Wrap |
| Veggie Wrap | Tuna Salad Sandwich |
| Tuna Wraps | Turkey Sandwich |
| Chicken Caesar Wraps | Chicken Salad Sandwich |
| Buffalo Chicken Wraps | Turkey BLT Sub |
| Tuna Sub | Italian Sub |



Breakfast Menu

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| Sausage, Egg, and Cheese on Bagel |  | Warm Bagel |
| Egg and Cheese on Bagel | | Blueberry Muffins |
| Sausage, Egg, and Cheese on Croissant | | Fruit Parfaits |
| Blueberry Waffles | | French Toast Sticks |
| Maple Madness Waffles | | |

This institution is an equal opportunity provider.