## NSLP AFTERSCHOOL SNACK MENU

May 2022 – 09-165 Malden Public Schools

**Site Name:** 

**Total Snacks Served Month:** 

| AFTERNOON SNACK  | MONDAY              | TUESDAY             | WEDNESDAY           | THURSDAY            | FRIDAY              |
|--|---------------------|---------------------|---------------------|---------------------|---------------------|
| (Serve any two of the following foods):                | 2                   | 3                   | 4                   | 5                   | 6                   |
| Milk   | WG Cereal Bar       | WG Graham Cracker   | WG Biscuit          | WG Chex Mix         | Yogurt              |
| <sup>3</sup> / <sub>4</sub> cup Fruit and/or Vegetable | Sliced Apples       | Craisins            | Carroteenie         | Peach Cup           | Apple Sauce Cup     |
| Bread or Alternate                                     | Raisins             | Orange Wedges       | Hummus Cup          | Fresh Banana        | Watermelon Wedge    |
| Meat or Alternate                                      | <b>Total Count:</b> |
| AFTERNOON SNACK  | MONDAY              | TUESDAY             | WEDNESDAY           | THURSDAY            | FRIDAY              |
| (Serve any two of the following foods):                | 9                   | 10                  | 11                  | 12                  | 13                  |
| Milk   | WG Oatmeal Bar      | String Cheese       | Pretzels            | WG Tortilla Chips   | WG Chex Mix         |
| <sup>3</sup> / <sub>4</sub> cup Fruit and/or Vegetable | Fresh Whole         | 100% Fruit Juice    | Cucumber Coins      | Guacamole Cup       | Peach Cup           |
| Bread or Alternate                                     | Strawberry          | Fresh Apple Slices  | Grapefruit Wedges   | Salsa Cup           | Fresh Apple Slices  |
| Meat or Alternate                                      | <b>Total Count:</b> |
| AFTERNOON SNACK  | MONDAY              | TUESDAY             | WEDNESDAY           | THURSDAY            | FRIDAY              |
| (Serve any two of the following foods):                | 16                  | 17                  | 18                  | 19                  | 20                  |
| Milk   | WG Graham Crackers  | Yogurt              | String Cheese       | Sunbutter Cup       | WG Biscuit          |
| <sup>3</sup> / <sub>4</sub> cup Fruit and/or Vegetable | Fresh Whole         | Craisins            | Red Pepper Strips   | Celery Sticks       | Raisins             |
| Bread or Alternate                                     | Strawberry          | Orange Wedges       | Fresh Banana        | Fresh Apple Slices  | Watermelon Wedge    |
| Meat or Alternate                                      | <b>Total Count:</b> |
| AFTERNOON SNACK  | MONDAY              | TUESDAY             | WEDNESDAY           | THURSDAY            | FRIDAY              |
| (Serve any two of the following foods):                | 23                  | 24                  | 25                  | 26                  | 27                  |
| Milk   | WG Cereal Bar       | WG Graham Cracker   | WG Cheez it         | WG Tortilla Chips   | Yogurt              |
| <sup>3</sup> / <sub>4</sub> cup Fruit and/or Vegetable | Fresh Whole         | 100 % Fruit Juice   | Sugar Snap Peas     | Guacamole Cup       | Raisins             |
| Bread or Alternate                                     | Strawberry          | Fresh Apple Slices  | Grapefruit Wedges   | Salsa Cup           | Melon Cup           |
| Meat or Alternate                                      | <b>Total Count:</b> |
| AFTERNOON SNACK  | MONDAY              | TUESDAY             | WEDNESDAY           | THURSDAY            | FRIDAY              |
| (Serve any two of the following foods):                | 30                  | 31                  | 1                   | 2                   | 3                   |
| Milk   | No School –         | String Cheese       |                     |                     |                     |
| 3/4 cup Fruit and/or Vegetable                         | Memorial Day        | Craisins            |                     |                     |                     |
| Bread or Alternate                                     |                     | Orange Wedges       |                     |                     |                     |
| Meat or Alternate                                      |                     | <b>Total Count:</b> |                     |                     |                     |

<sup>\*</sup>Reminder: Students must receive ALL snack components for a snack to be eligible for reimbursement.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, gender identity (including gender expression), sexual orientation, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident. Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the responsible Agency or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program discrimination complaint, complete the USDA Program Discrimination Complaint and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov</u>. USDA is an equal opportunity provider, employer, and lender.