

## AT RISK SNACK MONTHLY MENU

**September 2021 – After School Snack Menu**

**After School Snack Menu**

**Total Snacks for Month:**

AFTERNOON SNACK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(Serve any two of the following foods): Milk ¾ cup Fruit and/or Vegetable Bread or Alternate Meat or Alternate	<b>30</b> No School	<b>31</b> No School	<b>1</b>	<b>2</b>	<b>3</b> No School
AFTERNOON SNACK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(Serve any two of the following foods): Milk ¾ cup Fruit and/or Vegetable Bread or Alternate Meat or Alternate	<b>6</b> No School	<b>7</b> String Cheese Carroteenie Fresh Apple <b>Total Count:</b>	<b>8</b> Goldfish Cucumber Coins Fresh Orange <b>Total Count:</b>	<b>9</b> Cereal Bar Raisins Fresh Banana <b>Total Count:</b>	<b>10</b> Graham Crackers 100% Fruit Juice Fresh Pear <b>Total Count:</b>
AFTERNOON SNACK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(Serve any two of the following foods): Milk ¾ cup Fruit and/or Vegetable Bread or Alternate Meat or Alternate	<b>13</b> Cheez its Fresh Strawberry <b>Total Count:</b>	<b>14</b> Yogurt Raisins Fresh Apple <b>Total Count:</b>	<b>15</b> Chex Mix Celery Sticks Fresh Orange <b>Total Count:</b>	<b>16</b> String Cheese 100% Fruit Juice Fresh Banana <b>Total Count:</b>	<b>17</b> Goldfish Broccoli Bites Fresh Pear <b>Total Count:</b>
AFTERNOON SNACK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(Serve any two of the following foods): Milk ¾ cup Fruit and/or Vegetable Bread or Alternate Meat or Alternate	<b>20</b> Cereal Bar Fresh Strawberry <b>Total Count:</b>	<b>21</b> Graham Cracker 100% Fruit Juice Fresh Apple <b>Total Count:</b>	<b>22</b> Cheez it Zucchini Sticks Fresh Orange <b>Total Count:</b>	<b>23</b> Yogurt Carroteenie Fresh Banana <b>Total Count:</b>	<b>24</b> Chex Mix Raisins Fresh Pear <b>Total Count:</b>
AFTERNOON SNACK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(Serve any two of the following foods): Milk ¾ cup Fruit and/or Vegetable Bread or Alternate Meat or Alternate	<b>27</b> String Cheese Fresh Strawberry <b>Total Count:</b>	<b>28</b> Goldfish Red Pepper Strips Fresh Apple <b>Total Count:</b>	<b>29</b> Cereal Bar 100% Fruit Juice Fresh Orange <b>Total Count:</b>	<b>30</b> Graham Crackers Raisins Fresh Banana <b>Total Count:</b>	<b>1</b> Cheez it Carroteenie Fresh Pear <b>Total Count:</b>

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