

Social Emotional Physical Well Being Sub Committee Meeting - January 13, 2019

Attendees: Tara Murphy Beardsley, Jenn Spadafora, Rob McCarthy.

Start time: 5:07 pm

Agenda
Extending Recess

Approximately 15 parents and students from Linden, Forestdale and Beebe schools came to the meeting.

Went around and introduced ourselves and stated where our children go to school.

We reviewed current policy and the times of recess at all the K-8 schools.

Parents reported that they would like recess time increased and what other types of breaks (physical and mental) they would like to see added to the school day. Ideas included:

- Hallway activities
- Repainting the blacktops
- Making a PDF that includes recess policy (temp, time, etc.) and suggestions for what to do during recess for all staff.
- Volunteers to assist staff during recess
- Adding organizations/equipment

Recess extension survey was read outloud (6 questions) and we discussed making the survey be specific for the three different categories of survey (staff, family, student) and not to make questions too leading.

End time 6:12 pm

Submitted by Tara Beardsley