**Forestdale Grades 4-5 After School Program - Club Selection: Session 2**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Grade: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ Days Enrolled: Mon Tues Wed Thurs Fri

Circle 1st choice for each attending day. Please indicate 2nd choice in case your 1st choice is full. Attending Early Release Days: Yes No

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Creative Writing**Students will explore and practice the many kinds of writing including stories, poetry, magazine articles, school news reports and many others. | **H2K Fitness/ Hip Hoppers Cardio Blast**A fun upbeat, high energy Hip Hop dance class for young dancers. Class will incorporate dance games, stretching and relaxation\*\* This class runs from 3:00-4:00Sponsored by H2K Fitness. | **Water Colors**Learn the fundamentals of playing and exploring with water colors. | **Ping Pong**We’ve brought this club back with brand new tables! Engage in this classic tabletop game while learning to win and lose gracefully. | Fun Fridays will be a variety of activities..Movies, computers, gym, games, art, baking, etc. are all possibilities. |
| **Sports Instructional** Students will enjoy an array of sport activities each week.  | **Masterpiece Art** This class will enhance your child’s creativity and help strengthen fine motor skills as they create different art | **Monster Squad**This project integrates elements of collaboration, design, and planning as students create their Monster Squad.  | **Tufts LEGO Robotics**Build and Program lego machines using creativity and technology   |

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| **Daily Schedule** |
| 2:20 – 3:00 | Check in - Snack |
| 3:00 – 3:45 | Homework (in class/club room) |
| 3:45 – 5:00 | Club  |
| 5:00 – 6:00 | Computer Lab/Gym/Dismissal  |