Social Emotional Physical Well Being Sub Committee Meeting - April 12, 2018

Attendees: Tara Murphy Beardsley and Jenn Spadafora.

Start time: 6 pm

Agenda:

## Recess

- Lack of a recess policy in the Malden parent handbook was discussed. We voted to send this to the policy subcommittee. Members want a minimum of 20 minutes unstructured recess time, wording about how and why recess can be taken away.
- Discussed the Recess resolution and voted to send it to the full committee for a vote.
- Many things were discussed about how to get more structures for older kids, areas that kids are allowed to play as well as organizations that could help with recess.
- Student came from Ferryway and talked about his need for 20 minutes of recess (not
  including walking to recess and the amount of time it takes to line up in the cafeteria and
  which table is chosen first and last).
- We thought of having groups at each school so we could come up with ideas from the students.

## Support Staff

- We talked about having more social emotional staff at the schools.
- Adding a head of guidance would also be beneficial.

End time 7pm

Submitted by Tara Murphy Beardsley