



Office of Charles M. Conefrey IV.
Director of Athletics/PE/Health K-12
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77 Salem St., Room H104, Malden, MA 02148

Congratulations on your captaincy for the **2019-2020** school year. Being named a team captain is quite an honor. The position of captain is given to those athletes whom the rest of the team respect and trust to lead the team in the right direction. However, with this great honor also comes great responsibility. Furthermore, being a captain is one of the greatest honors an athlete can receive. Yet, many athletes take this honor for granted and do not understand the significance of their responsibilities as a captain. Please sign and date below your intent to commit, and return to the athletic office in person by noon on December 13th, 2019.

By signing below you agree to adhere to the following expectations:

- Please note that this is a **12 Month Commitment**. Failure to meet these expectations may result in immediate removal of your captaincy.
- Attendance at meetings is mandatory for captain's of ALL seasons.
- Conduct yourself in a manner consistent with Malden High School expectations for acceptable behavior and citizenship.
- Follow the student code of conduct listed in the MHS Student Handbook.
- Role Model: you agree to display the following attributes: hard work, committed, dedicated, lead by example, humility, integrity, dependable, unwavering convictions and positive attitude.
- Good Citizenship: respectful, loyal, cooperative, trustworthy, unselfish, honest, caring, display a great deal of pride for Malden High School.
- Committed to being chemical free - will not use tobacco (or tobacco related products), illicit drugs or alcohol.
- Willing to act as a liaison between teammates, coaches, director of athletics and other appropriate school personnel.

Student Athlete Name: _____ **Date:** _____

Sincerely,
Mr. Charles Conefrey M.Ed
Director of Athletics/PE/Health
Malden Public Schools.



Please return signed in person by Friday, December 13th, 2019 by Noon in the Athletics office.