



# THE NEDLAM NEWS

Volume III No. 17  
January 17, 2020

## B-R-R-R-R!!! It's a 'Frosty Friday'



What a difference! On Sunday, it was a record-breaking 72 degrees....five days later? This morning it dipped to 17 degrees!



It's cold outside, but plenty of warm smiles at lunchtime! *Steve Freker Photo*

## PROUD PAPA PAYEUR!

The Malden High family grew by one on Sunday, January 12 with the arrival of Baby Gia to proud parents Sylvia and Jayson Payeur! She is a 6 Pound 9 ounce bundle of joy and her big sister Savannah was thrilled to welcome her as



Rev. Dr.  
Martin Luther  
King Jr. Day is  
marked on  
Monday,  
January 20



# Not a typical week at MHS ... but what a week it was!

To All Malden High School Educators, Staff, Students & Administrators:

A world-class musical performed by the amazing actresses and actors in our midst; some electrifying victories by the young men and women who wear our Tornado “Blue & Gold”; and major national and regional conferences hosted right here at Malden High School — both on the SAME DAY! Wow! What a week we’ve had in our MHS community. It took a full, “team effort” to pull off all those sterling achievements in a mere six-day span, but we did it... and we did it together. To the dozens of students, educators and administrators and other staff members who made this wonderful week at Malden High School, please know that you have touched and enhanced many lives with your efforts and you all truly deserve a round of applause and a resounding thank you.

Please take a bow and my personal thanks for all that continue to do to make us proud. The three performances of the musical Fame by our Play Production Class members and led by Ms. DeRosa and other staff members became an “Instant Highlight” of our school year this past weekend. A reprise performance thrilled nearly 500 visiting eighth-grade students who filled the Jenkins



Mr. Mastrangelo

Auditorium Tuesday afternoon. Great job, PlayPro! Hats off to our Boys Basketball team and Coach Nally for an exciting home win over Revere Tuesday night and congratulations to our coed swim team which won THREE meets in just six days this past week, including two big GBL victories. Also, earlier this week, MHS was represented at the MIAA’s first conference on Diversity, Equity and Inclusion, held at Framingham State, thanks to the efforts of our Athletic Director Mr. Conefrey, who receives our thanks. The week was capped off yesterday by perhaps the busiest and most productive single day of our entire school year. Headlining our Thursday, January 16 was MHS hosting a day-long, national-level information-sharing conference of the Barr Foundation in The Gallery. We hosted visitors from California and other states, including others from around New England where educational strategies were discussed, assessed and extrapolated. At the same time Thursday, Ms. Collumb hosted a panel presentation on Transition Program resources available locally, regionally and statewide. Finally, yesterday, we also hosted a contingent of K-8 Assistant Principals who “shadowed” to see first-hand, our practices and procedures so as to further illustrate the 8th-to-9th grade transition. What a week!

**Mr. Mastrangelo—Principal**

## MHS MID-TERM EXAM SCHEDULE

### TUESDAY, JANUARY 21

8:00 - 9:30 a.m. — Period 1

9:45 - 11:15 a.m. — Period 2

11:15 - 12:15 p.m. — Optional Lunch

12:15 - 1:45 p.m. — Period 3

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### WEDNESDAY, JANUARY 22

8:00 - 9:30 a.m. — Period 4

9:45 - 11:15 a.m. — Period 5

11:15 - 12:15 p.m. — Optional Lunch

12:15 - 1:45 p.m. — MAKEUPS

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### THURSDAY, JANUARY 23

8:00 - 9:30 a.m. — Period 6

9:45 - 11:15 a.m. — Period 7

11:15 - 12:15 p.m. — Optional Lunch

12:15 - 1:45 p.m. — MAKEUPS



## Malden High School Aspirational Instructional Focus Statement

Malden High School educates an inclusive and equitable community of diverse learners whom we are preparing to be Communicators, Collaborators, Critical Thinkers, Innovative Learners, Empowered Citizens, and Persistent Individuals. As such, MHS instructional practices present authentic and relevant experiences that are intellectually engaging, student-centered, inquiry-based, cognitively complex, process-oriented, and encourage productive struggle. Furthermore, these instructional practices encourage students to pursue their interests, leverage their strengths, and explore unfamiliar concepts that prepare students for life in our ever-changing modern world.

## Message to Students & Parents on MHS Mid-Term Exam Policies

Students are required to use Chromebooks for midterm exams - no personal devices. Please remember to charge your Chromebook beforehand. Google Classroom and Google Drive (including docs) are the only things that students will be able to access on their Chromebook during testing times

(7:45am-1:30pm each day of exams). Everything else will be disabled.

—Midterms are 10% of your final grade for the year. Not showing up for a midterm without principal approval will result in a “0” on your exam and inability to make up your exam.

—Students who are tardy to an exam period will have the remaining time to complete their test. No additional time will be granted.

—Students that miss an exam but feel they should be granted a makeup need to see their House Principal.

### MHS NOTES & CALENDAR



**FRIDAY, JANUARY 17**— Varsity Girls Basketball @ Charlestown HS, 4pm

**MONDAY, JANUARY 20**—NO SCHOOL Rev. Dr. Martin Luther King Jr. Day

**TUESDAY, JANUARY 21**— Mid-Term Exams begin: Period 1,2 & 3 (See Schedule on Page 2)

**WEDNESDAY, JANUARY 22**— Mid-Term Exams continue: Periods 4 & 5 and Makeups

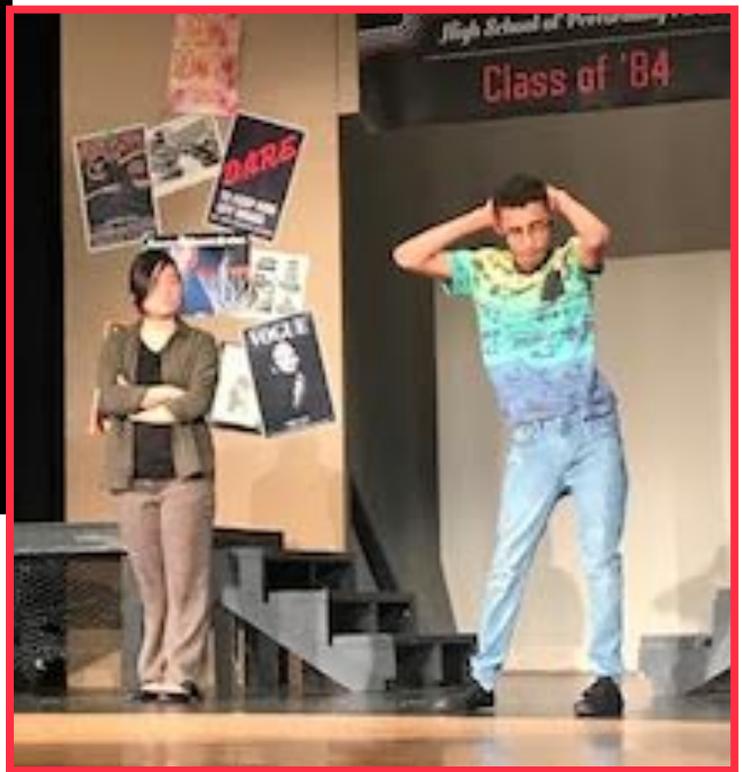
**THURSDAY, JANUARY 23**— Mid-Term Exams: Periods 6, 7 and Makeups

**FRIDAY, JANUARY 24**— Grades close/ Final Day of Second Quarter



### Malden High School Vision Statement

The Malden High School community believes in the potential of all students to learn, to grow and to become active, conscientious participants in the 21st century global society. We believe that students learn most effectively in a safe, respectful environment that encourages diverse viewpoints, promotes critical thinking and perseverance and establishes vigorous standards for all. We honor the diverse nature of our Malden community, promote social awareness and community involvement and strive to meet the needs of all students through innovative methods and continued professional development. We are committed to ensuring that Malden High School graduates are thoughtful, independent, purpose-driven, lifelong learners. We seek to equip all students with the skills and habits necessary to successfully navigate and contribute to our ever-changing world.



**BRAVO! To MHS Play Production troupe and Ms. DeRosa for FOUR fantastic *Fame* shows .. last weekend a reprise Tuesday**



## **Nominations sought from MHS staff for Malden HS Alumni Association's Hall of Fame selection for 2020**

The Malden High School Alumni Association is accepting nominations for those to be inducted May 1, 2020, as the MHSAA Hall of Fame Class of 2020. Ms. Ceppetelli, a longtime member of the MHSAA Board, is asking members of the Malden High School and Malden Public Schools staff districtwide to consider nominating candidates from the various categories. President Anthony Dickinson said input from the community is vital because only family, graduates, teachers or administrators or former attendees know who among their colleagues have made exceptional achievements in their chosen careers or made

should receive Hall of Fame recognition. An individual is eligible for nomination 10 years after graduation, or 10 years after attending Malden High School. To be considered, and to help a special Selection Committee make its decision, all applications must be completely filled out including a brief narrative expanding on the specific qualities and achievements of the nominee. Nomination forms and instructions are available for download on the MHSAA website, [www.maldenhighalumni.com](http://www.maldenhighalumni.com). The forms must be completed and submitted no later than March 1, 2020, by mail to MHSAA, P.O. Box 47, Malden, Ma., 02148, or emailed to

# MHS ATHLETICS:

The Winter Sports Season for the Malden High teams is officially under way! Please support ALL the Malden HS Golden Tornado teams in 2019-2020!



## Malden HS coed swim team stays unbeaten; Soars to two more wins

By **STEVE FREKER**

It's all "Ws" so far for the Malden High coed swim team which put up another Greater Boston League victory, this time over archrival Medford Friday, January 10. Another full team effort lifted Malden to a 96-72 final and a perfect 4-0 record (3-0 GBL). Malden then topped a strong Watertown team Tuesday, 87-83.

Tornado sophomores Chloe Akombi, who set a new school record in the 100 yard breaststroke in her previous meet, and David Lombardi, led the way as each had wins in two individual events.

Lombardi won the 200 yard individual medley (2:12.6) and the 100 yard backstroke (59.11 seconds) and Akombi won her signature event, the 100 yard breaststroke (1:12.53) and the 100 yard butterfly (1:04.12).

Other Tornado first-place finishers included sophomore Tony Giech in the 50 yard freestyle (24.17 seconds); senior Haoxi Wang in the 100 yard freestyle (52.00 seconds); and Nathan Nguyen in the 500 yard freestyle (5:47.45).

Malden also won the three relay events, one of them which was raced unofficially. The Tornadoes took first place in the 200 yard medley relay with the foursome of Lombardi, Giech, Nguyen and Wang finishing in a time of 1:58.12.

Wang, Lombardi, Giech and Ryan Vasili teamed up for a win at 1:41.57 in the 200 yard freestyle relay.



Malden High sophomore David Lombardi has won at least two events in every Tornado swim meet this season.

*Courtesy Photo/Malden HS Athletics*

## Malden High boys basketball knocks off Revere, 54-51

Coach Don Nally was waiting for a night like this since Day One of the 2019-2020 Malden High School basketball season.

The 16-year Tornado head man had seen his young team struggle early, show promise in the middle then disappear at the end — and all variations and mashups in between, as Malden had just one win to show for seven tries.

Not Tuesday night.

Led by a strong team effort, with no less than four different scorers in double digits and some end-to-end defensive work, Malden topped a solid Revere High team, 54-51.

Some of the Inspiration Teachers selected by Students for December were



Clockwise, Mr. Snarsky, Mr. Morrison and above, Ms. McCoy

# PLEASE CONTRIBUTE TO 'THE NEDLAM NEWS' LET'S SHARE THE GOOD NEWS ABOUT MHS!

Do you have some good news to share about students, teachers, administrators and other staff members? An extracurricular activity, club or sports team? There is LOTS of Good News @ Malden High School! Let's share it with EVERYONE! Mr. Mastrangelo encourages everyone to email Steve Freker: [sfreker@maldenps.org](mailto:sfreker@maldenps.org) with any news you like to share: stories, snippets, photos, announcement of meetings, events coming... and ones held. **THE NEDLAM NEWS** appears every Friday in your Inbox and is then shared on the District website [www.maldenps.org](http://www.maldenps.org)



The Malden High School Alumni Association, Inc's purpose is to establish a non-profit organization to enhance and preserve the image, prestige, and traditions of the Malden High School; to reconnect with the graduates of Malden High School; to create awareness of the history of the high school, the activities, location and achievements of its graduates; to protect, preserve and display the school's artifacts, papers and photographs; to develop programs, publications, newsletters, public speakers bureau, and any and every type of communication network and outreach activity

## DID YOU KNOW?

With the appearance of two more former Massachusetts state Governors as announced candidates in this year's Presidential election, Deval Patrick on the Democratic side and William Weld on the Republican side of race, here's a fact to consider. There have been more GOVERNORS of states who have gone on to become President of the United States (17) than U.S. SENATORS (16) who have ascended to the White House.

# Dr. King's words ring true still, today

*Five decades-plus after his most memorable speech in D.C., 1963*

**In his iconic speech at the Lincoln Memorial for the 1963 March on Washington for Jobs and Freedom, the Rev. Dr. Martin Luther King Jr. urged America to "make real the promises of democracy." Dr. King synthesized portions of his earlier speeches to capture both the necessity for change and the potential for hope in American society. Following is the text:**

I am happy to join with you today in what will go down in history as the greatest demonstration for freedom in the history of our nation.

Five score years ago, a great American, in whose symbolic shadow we stand today, signed the Emancipation Proclamation.

This momentous decree came as a great beacon light of hope to millions of Negro slaves who had been seared in the flames of withering injustice. It came as a joyous daybreak to end the long night of their captivity.

But one hundred years later, the Negro still is not free. One hundred years later, the life of the Negro is still sadly crippled by the manacles of segregation and the chains of discrimination. One hundred years later, the Negro lives on a lonely island of poverty in the midst of a vast ocean



Above, the Rev. Dr. Martin Luther King Jr. stands before the Lincoln Memorial in Washington, D.C. on August 28, 1963 shortly before delivering his most memorable speech, now known as the "I Have a Dream" address. *Courtesy Photo/time.com*

of material prosperity. One hundred years later, the Negro is still languished in the corners of American society and finds himself in exile in his own land. (Yes, yes) And so we've come here today to dramatize a shameful condition. In a sense we've come to our nation's capital to cash a check. When the architects of our republic wrote the magnificent words of the Constitution and the Declaration of Independence, they were signing a

**I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character. I have a dream today.**  
—Dr. King 8/23/63

promissory note to which every American was to fall heir. This note was a promise that all men, yes, black men as well as white men, would be

guaranteed the unalienable rights of life, liberty, and the pursuit of happiness. It is obvious today that America has defaulted on this promissory note insofar as her citizens of color are concerned. Instead of honoring this sacred obligation, America has given the Negro people a bad check, a check which has come back marked insufficient funds.

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# Dr. King's 'I Have a Dream' Speech, 8/23/69

*Continued from Page 3* But we refuse to believe that the bank of justice is bankrupt. We refuse to believe that there are insufficient funds in the great vaults of opportunity of this nation. And so we've come to cash this check, a check that will give us upon demand the riches of freedom and the security of justice. We have also come to this hallowed spot to remind America of the fierce urgency of now. This is no time to engage in the luxury of cooling off or to take the tranquilizing drug of gradualism. Now is the time to make real the promises of democracy. Now is the time to rise from the dark and desolate valley of segregation to the sunlit path of racial justice. Now is the time to lift our nation from the quicksands of racial injustice to the solid rock of brotherhood. Now is the time to make justice a reality for all of God's children.

It would be fatal for the nation to overlook the urgency of the moment. This sweltering summer of the Negro's legitimate discontent will not pass until there is an invigorating autumn of freedom and equality. 1963 is not an end, but a beginning. And those who hope that the Negro needed to blow off steam and will now be content will have a rude awakening if the nation returns to business as usual. There will be neither rest nor tranquility in America until the Negro is granted his citizenship rights. The whirlwinds of revolt will continue to shake the foundations of our nation until the bright day of justice emerges.

But there is something that I must say to my people, who stand on the warm threshold which leads into the palace of justice: in the process of gaining our rightful place, we must not be guilty of wrongful deeds. Let us not seek to satisfy our thirst for freedom by drinking from the cup of bitterness and hatred. (My Lord, No, no, no, no) [applause] We must forever conduct our struggle on the high plane of dignity and discipline. We must not allow our creative protest to degenerate into physical violence. (My Lord) Again and again (No, no), we must rise to the majestic heights (Yes) of meeting physical force with soul force. (My Lord) The marvelous new militancy which has engulfed the Negro community must not lead us to a distrust of all white people (Hmm), for many of our white brothers, as evidenced by their presence here

today, have come to realize that their destiny is tied up with our destiny, and they have come to realize that their freedom is inextricably bound to our freedom. We cannot walk alone.

And as we walk, we must make the pledge that we shall always march ahead. We cannot turn back. There are those who are asking the devotees of civil rights, "When will you be satisfied?" We can never be satisfied as long as the Negro is the victim of the unspeakable horrors of police brutality. We can never be satisfied as long as our bodies, heavy with the fatigue of travel, cannot gain lodging in the motels of the highways and the hotels of the cities. We cannot be satisfied as long as the Negro's basic mobility is from a smaller ghetto to a larger one. (We can never be satisfied as long as our children are stripped of their selfhood and robbed of their dignity by signs stating for whites only. We cannot be satisfied as long as a Negro in Mississippi cannot vote and a Negro in New York believes he has nothing for which to vote. (No, no, we are not satisfied and we will not be satisfied until justice rolls down like waters and righteousness like a mighty stream.

I am not unmindful that some of you have come here out of great trials and tribulations. Some of you have come fresh from narrow jail cells. Some of you have come from areas where your quest for freedom left you battered by the storms of persecution) and staggered by the winds of police brutality. You have been the veterans of creative suffering. Continue to work with the faith that unearned suffering is redemptive. Go back to Mississippi, go back to Alabama, go back to South Carolina, go back to Georgia, go back to Louisiana, go back to the slums and ghettos of our northern cities, knowing that somehow this situation can and will be changed. Let us not wallow in the valley of despair.

I say to you today, my friends, so even though we face the difficulties of today and tomorrow, I still have a dream. It is a dream deeply rooted in the American dream. I have a dream that one day this nation will rise up and live out the true meaning of its creed: "We hold these truths to be self-evident, that all men are created equal."

*Continued Next Page*

**DR KING'S SPEECH** *Continued from Previous Page*

I have a dream that one day on the red hills of Georgia, the sons of former slaves and the sons of former slave owners will be able to sit down together at the table of brotherhood.

I have a dream (that one day even the state of Mississippi, a state sweltering with the heat of injustice, sweltering with the heat of oppression, will be transformed into an oasis of freedom and justice.

I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character. I have a dream today.

I have a dream that one day down in Alabama, with its vicious racists, with its governor having his lips dripping with the words of "interposition" and "nullification", one day right there in Alabama little black boys and black girls will be able to join hands with little white boys and white girls as sisters and brothers. I have a dream today. [

I have a dream that one day every valley shall be exalted, every hill and mountain shall be made low, the rough places will be made plain

, and the crooked places will be made straight, and the glory of the Lord shall be revealed, and all flesh shall see it together. This is our hope. This is the faith that I go back to the South with. With this faith we will be able to hew out of the mountain of despair a stone of hope. With this faith we will be able to transform the jangling discords of our nation into a beautiful symphony of brotherhood. With this faith we will be able to work together, to pray together, to struggle together, to go to jail together, to stand up for freedom together, knowing that we will be free one day. This will be the day, this will be the day when all of God's children will be able to sing with new meaning: "My country, 'tis of thee, sweet land of liberty, of thee I sing. Land where my fathers died, land of the pilgrim's pride, from every mountainside, let freedom ring!"

And if America is to be a great nation, this must become true. So let freedom ring from the prodigious hilltops of New Hampshire. Let freedom ring from the mighty mountains of New York. Let freedom ring from the heightening Alleghenies of Pennsylvania. Let freedom ring from the snow-capped Rockies of Colorado. Let freedom ring from the curvaceous slopes of California. But not only that: Let freedom ring from Stone Mountain of Georgia. Let freedom ring from Lookout Mountain of Tennessee. Let freedom ring from every hill and molehill of Mississippi. From every mountainside, let freedom ring.

And when this happens, and when we allow freedom ring, when we let it ring from every village and every hamlet, from every state and every city, we will be able to speed up that day when all of God's children, black men (Yeah) and white men, Jews and Gentiles, Protestants and Catholics, will be able to join hands and sing in the words of the old Negro spiritual: "Free at last! Free at last! Thank God Almighty, we are free at last!"