



MHS FRESHMAN ORIENTATION 2018

Welcome to MHS, Class of 2022! We look forward to getting to know you. In this packet, you will find information about Malden High, from schedules to clubs to which bathrooms are available to use.

DAILY SCHEDULE / DAY ROTATION

- The calendar for the entire year will always be on the MHS website if you would like to view it
- The day rotation is said in the morning announcements
- The daily schedule is usually posted outside of house offices, along with absent teachers
 - **QUICK TIP:** If you have an absent teacher, go to the H102. **You will not have class if you have an absent teacher unless your class is covered by another teacher.**

Dreams
Dont work
unless
you do

REGULAR SCHEDULE (Monday - Friday)

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
Homeroom 7:45-7:52	Homeroom 7:45-7:52	Homeroom 7:45-7:52	Homeroom 7:45-7:52	Homeroom 7:45-7:52	Homeroom 7:45-7:52	Homeroom 7:45-7:52
Period 1 7:55-8:47	Period 2 7:55-8:47	Period 3 7:55-8:47	Period 4 7:55-8:47	Period 5 7:55-8:47	Period 6 7:55-8:47	Period 7 7:55-8:47
Period 2 8:51-9:42	Period 3 8:51-9:42	Period 4 8:51-9:42	Period 5 8:51-9:42	Period 6 8:51-9:42	Period 7 8:51-9:42	Period 1 8:51-9:42
Period 3 9:46-10:37	Period 4 9:46-10:37	Period 5 9:46-10:37	Period 6 9:46-10:37	Period 7 9:46-10:37	Period 1 9:46-10:37	Period 2 9:46-10:37
Period 4 (Long Block) 10:41-12:37	Period 5 (Long Block) 10:41-12:37	Period 6 (Long Block) 10:41-12:37	Period 7 (Long Block) 10:41-12:37	Period 1 (Long Block) 10:41-12:37	Period 2 (Long Block) 10:41-12:37	Period 3 (Long Block) 10:41-12:37
LUNCH 1 10:41-11:10	LUNCH 1 10:41-11:10	LUNCH 1 10:41-11:10	LUNCH 1 10:41-11:10	LUNCH 1 10:41-11:10	LUNCH 1 10:41-11:10	LUNCH 1 10:41-11:10
LUNCH 2 11:10-11:39	LUNCH 2 11:10-11:39	LUNCH 2 11:10-11:39	LUNCH 2 11:10-11:39	LUNCH 2 11:10-11:39	LUNCH 2 11:10-11:39	LUNCH 2 11:10-11:39
LUNCH 3 11:39-12:08	LUNCH 3 11:39-12:08	LUNCH 3 11:39-12:08	LUNCH 3 11:39-12:08	LUNCH 3 11:39-12:08	LUNCH 3 11:39-12:08	LUNCH 3 11:39-12:08
LUNCH 4 12:08-12:37	LUNCH 4 12:08-12:37	LUNCH 4 12:08-12:37	LUNCH 4 12:08-12:37	LUNCH 4 12:08-12:37	LUNCH 4 12:08-12:37	LUNCH 4 12:08-12:37
Period 5 12:41-1:26	Period 6 12:41-1:26	Period 7 12:41-1:26	Period 1 12:41-1:26	Period 2 12:41-1:26	Period 3 12:41-1:26	Period 4 12:41-1:26
Period 6 1:30-2:15	Period 7 1:30-2:15	Period 1 1:30-2:15	Period 2 1:30-2:15	Period 3 1:30-2:15	Period 4 1:30-2:15	Period 5 1:30-2:15

LATE ENTRY MONDAYS

- Late entry days are usually only once a month

The early release schedule can either be in numerical order or mixed.
Homeroom 9:32-9:37
Block 1 9:40-10:37
Long Block 2 10:41-12:37
Block 3 12:41- 1:28
Block 4 1:30-2:15

Lunch Times

Lunch 1	10:41-11:10
Lunch 2	11:10-11:39
Lunch 3	11:39-12:08
Lunch 4	12:08-12:37

LUNCH

- Both cafeterias are located on the first floor in B house - you can't miss them!
 - Cafeteria A has white walls, windows, and is the only cafeteria with the salad bar
 - Cafeteria B is larger, has orange walls, and is the only cafeteria with the snack bar, where you can buy smoothies, popcorn, and other smaller food items
 - Both cafeterias have vending machines
- All gym and health classes will have 4th lunch

HOW TO FIND YOUR CLASSROOM

H315

The letter stands for what house the room is located.

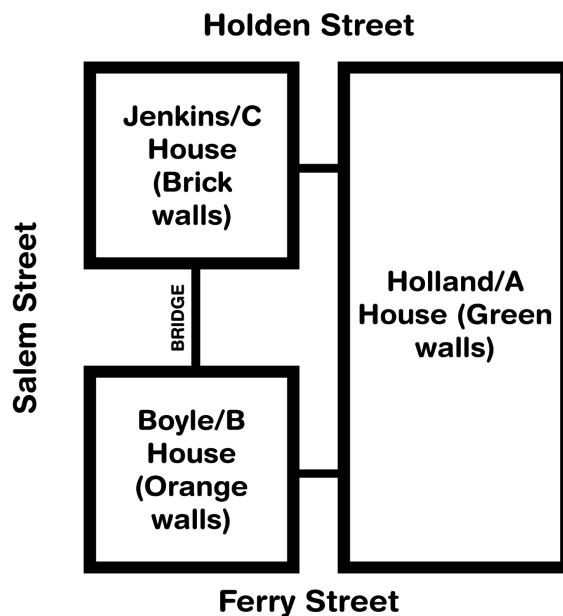
The first digit of the number is what floor the room is located.

In this case, the room would be on the third floor in Holland (A) house.

QUICK TIP: Check the *Term* column on your schedule!

- FY means full year course
- S1 means Semester 1 course (Start of School - January)
- S2 means Semester 2 course (January - End of School)

MAP OF MALDEN HIGH (Overhead View)



MAIN OFFICE LOCATION

The main office is located on the first floor in **B house**. When you first walk into the entrance marked “B” on Salem Street, it is the first room on the right.

HOUSE OFFICE LOCATIONS

- You will go to your house office for late slips and dismissals
- Holland (A): Third floor **B house**
- Boyle (B): Second floor **B house**
- Jenkins (C): Third floor **C house**
- Brunelli (D): Fourth floor **C house**

GUIDANCE COUNSELOR LOCATIONS

- Ms. Northrop: Boyle House Office
- Ms. Belowsky: Brunelli House Office
- Ms. Quinn: Holland House Office
- Ms. Craven: Boyle House Office
- Mrs. O’Connor: Jenkins House Office
- Mrs. Lessard: Brunelli House Office

ADJUSTMENT COUNSELOR LOCATIONS

We encourage that if you are having any troubles, whether it be family issues, mental health issues, or if you just need someone to talk to, please go to a trusted adult at MHS! Our adjustment counselors will keep everything confidential and have the resources to help you get through tough situations.

- Holland: Ms. Hardy: Br470
- Boyle: Mr. Butler: J270
- Jenkins: Ms. Moyer: J370
- Brunelli: Ms. Sulick: H409

BATHROOM LOCATIONS

- A House
 - First floor near the gym
- B House
 - First floor (always open)
 - Third floor
- C House
 - Third floor
- D House

GRADUATION REQUIREMENTS

- 4 years/credits of English
- 4 years/credits of Mathematics
- 3 years/credits of Science
- 3 years/credits of Social Sciences
- 2 years/credits of Wellness (1.5 gym and 0.5 health)
- 2 years/credits of Business, Technology, or Fine Arts
- 3 core/elective years/credits from any discipline
- **Must** pass MCAS (English, Mathematics, & Science)

CLUBS

Clubs

- American Red Cross Club
- Asian Culture Club
- Badminton Club
- Chemistry Club
- Comedy Club
- Computer Club
- Culture Connection Club
- Gay Straight Alliance
- Fine Arts Club
- Haitian Club
- History Club
- Interact Club
- Key Club
- Literary Society
- Malden Against Cancer Club
- Maldenism Club
- Multicultural Club
- Psychology Club
- Relay For Life Club
- Robotics Club
- (Science) National Honor Society
- Step Team
- Visual Arts Society
- YMCA Leaders Club
- Youth & Government

... and many more! You can always start your own clubs as well, just get permission first!

Elective Classes

- Choir
- Concert Band
- Maldonian Yearbook
- Mock Trial
- Play Production
- The Blue and Gold Newspaper
- Computer Science
- Art
 - Ceramics
 - Studio
 - Foundations of Art
 - Digital Art
 - Calligraphy
 - Multimedia Art Design
- Business
 - Economics
 - Personal Finance
 - Entrepreneurship
 - Sports Marketing
 - Hospitality and Tourism

SPORTS

Participating in sports is a great way to stay fit, be active, and make friends at Malden High! Here are the sports currently offered.

<p><u>Fall</u></p> <ul style="list-style-type: none"> • Cheerleading • Cross Country • Field Hockey • Football • Girls' Volleyball • Golf • Soccer 	<p><u>Winter</u></p> <ul style="list-style-type: none"> • Basketball • Cheerleading • Gymnastics • Ice Hockey • Indoor Track • Swimming • Wrestling
<p><u>Spring</u></p> <ul style="list-style-type: none"> • Baseball • Crew • Lacrosse • Outdoor Track • Softball • Tennis • Boys' Volleyball 	<p><u>Club Sports</u></p> <ul style="list-style-type: none"> • Badminton • Ping-Pong

Resources at MHS

MHS 2018-2019 Resource Info Card

So you're wondering who can help you here at MHS? You can always start with your teachers! They are your biggest and best resource! Their emails are their first initial, last name (e.g. Mr. Christopher Mastrangelo would be cmastrangelo@maldenps.org)

House Principals:

Holland (A) House – Ms. M. Slattery (B322)

Boyle (B) House – (B222) Ms. S. Sibley

Jenkins (C) House – Ms. S. Escovitz (J376)

Brunelli (D) House – Mr. R. Garcia (BR476)

Guidance Counselors:

Holland House – Ms. C. Quinn (B322)

Boyle House – Ms. E. Craven (B222)

Jenkins House – Mrs. A. O'Connor (J376)

Brunelli House – Mrs. S. Lessard (BR476)

9th Grade Counselors – Ms. H. Northrop (B422)

Ms. T. Belowsky (B424)

Adjustment Counselors (All Houses):

Holland House – Ms. K. Hardy (BR470)

Boyle House - Mr. B. Butler (J270)

Jenkins House - Ms. C. Moyer (J370)

Brunelli House - Ms. J. Sulick (H409)

House Secretaries:

Holland & Boyle Houses – Ms. M. LeBlanc (B322)

Jenkins and Brunelli Houses – Ms. L. Glennon (J376)

Others who can help at MHS:

Librarians, nurses, coaches, directors, advisors, and cafeteria staff.

Tips for High School

1. It's important to care about your GPA freshman year because if you mess up, you'll regret it later.
2. Get involved in a club(s) or a sport(s).
3. Don't be afraid to ask questions or go to your classmates teacher(s) after school for help. It will be worth it in the end.
4. It's important to make new friends because you might not end up in the same classes as your old friends.
5. Befriend a teacher you like because they can be an important resource throughout high school.
6. Should be conscious about college (every decision matters)
7. Learn from your mistakes.
8. Enjoy your time in high school!!!

Good luck at your years at Malden High! If you have any questions, please do not hesitate to ask.