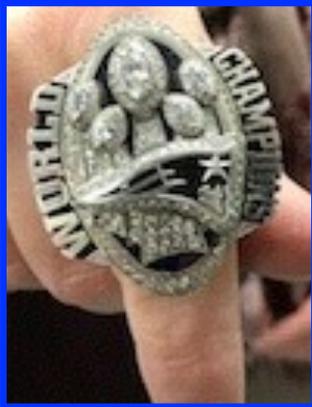




# THE NEDLAM NEWS

Volume I No. 11 April 9, 2018



MHS Head Custodian Steve Krzywicki was one of the many who got to try on "Pat's" 2017 Super Bowl ring in Food Service Friday.



## NFL Breakfast & 'Bling': At Malden High School Friday

'Pat the Patriot' was at Malden High Friday to help officially kick off the NFL Fuel Up to Play60 Nutrition Program on an exciting day.

## MALDEN HIGH SCHOOL VISION STATEMENT

The Malden High School community believes in the potential of all students to learn, to grow and to become active, conscientious participants in the 21st century global society. We believe that students learn most effectively in a safe, respectful environment that encourages diverse viewpoints, promotes critical thinking and perseverance and establishes vigorous standards for all. We honor the diverse nature of our Malden community, promote social awareness and community involvement and strive to meet the needs of all students through innovative methods



and continued professional development. We are committed to ensuring that Malden High School graduates are thoughtful, independent, purpose-driven, lifelong learners. We seek to equip all students with the skills and habits necessary to successfully navigate and contribute to our ever-changing world.

# Another busy week full of learning and positive events at Malden H.S.

**To All Malden High School Staff, Students and Administrators:**

Hello all,

This past week at Malden High School was another one full of learning and a number of positive events. In Tuesday's homeroom, all of our students were provided an opportunity to take part in a survey to gauge their opinion on our school start time. Students were asked whether they were in favor of an earlier, later or the same start time (7:45 a.m.) of the school day at MHS. A committee of administrators, teachers and some students has met and discussed the issue at the request of Mayor Christenson, on behalf of the Malden School Committee. The School Start Time Committee asked that the students be polled and members will now review the results.

On Wednesday, our school administration oversaw a comprehensive, schoolwide safety drill which included a progression of protocols which concluded with a shelter in place and then a lockdown drill. These drills, which have been and will continue to be conducted on a regular basis through the end of this school year are essential in demonstrating and maintaining schoolwide safety at Malden High School. Immediately following the drill, which lasted approximately 20 minutes, a review of the drill and its results was held by myself and the four MHS house principals. We all agreed it was a satisfactory drill in that teachers and students followed the procedures we have in place in the event of an emergency right to the letter. This attention to detail contributes to the overall foundation of school safety, which is an every day priority at Malden High School and also throughout the district.

On Friday we hosted a pair of terrific events. First was the official opening of the NFL Fuel Up to Play60 nutrition program, including a visit by Pat the Patriot and his Super Bowl Ring. That was followed by our "full house" Annual Career Fair.

**Mr. Mastrangelo - Principal**



## **Welcome to MHS, 'Pat the Patriot'!**

"Pat the Patriot," shown above greeting MHS Principal Mr. Mastrangelo, at left, visited Malden High School Friday morning to help officially kick off the National Football League's Play60 Nutrition Campaign here as well as the official start of the Breakfast Cart Program for Food Services.

*The annual Youth Behavioral Risk Survey will be administered to all of our Grade 9-12 students on Tuesday. Classroom coverage assignments were distributed via email last week. Please check them before Tuesday. Thank you in advice for your efforts in this important collection of data.*

**--Mr. Mastrangelo**

# THIS WEEK'S Notes & Calendar



**MONDAY, APRIL 9—EARLY RELEASE.** School day ends at 1:45 pm. .... The MHS Varsity Baseball Team will play their season opener versus Northeastern Conference rival Lynn English tonight @ 700 at Fraser Field/Lynn

**TUESDAY, APRIL 10—** The Annual Youth Behavioral Risk Survey will be administered to all Grade 9-12 students

**WEDNESDAY, APRIL 11 —** ‘Stop the Stigma Day’ will be observed at Malden High School in coordination with Malden Overcoming Addiction (MOA) where MHS students join others across the city in working toward eliminating the stigma of addiction so that those affected may be helped to find a path to recovery.

**THURSDAY, APRIL 12 —** Third Quarter grades close for students after a four-day extension.

**DAY ROTATION THIS WEEK—** Monday: (ER)  
3-4-5-6-7 Tuesday: 1-2-3-4-5-6 Wednesday: 7—  
2-3-4-5 Thursday: 6-7-1-2-3-4 Friday:  
5-6-7-1-2-3



## MHS Career Fair

Sophomore Gabriel Morales checks out the Commonwealth of Mass. table at the Annual Career Fair held in Cafeteria ‘A’ on Friday.

### PREPARING to EXCEL!!

On Saturday April 7, 100 AP Math students in Calculus AB, Calculus BC and Statistics came in to Malden High School to take a Mock AP Exam to help prepare them for their real AP Exam in May. The teachers overseeing this group included Cara Joyce, Berenice Diaz, Brad Gelling, Elizabeth Gibbons and Genoveva Mateeva. Well done by all the students and staff who participated!

“A Great Attitude  
becomes a great day  
which becomes a  
great month which  
becomes a great year  
which becomes a  
Great **LIFE.**”  
mandy hale

## Sebastiano 'Jim' Bari, former Malden High School teacher, coach and Class of 2007 Advisor

Sebastiano J. "Jim" Of Malden, passed away April 4th. Beloved husband of the late Flavia (Ascolillo) Bari. Loving father of Maria Farrell and her husband John and Carmelo Bari and his wife Sharon, all of Malden. Devoted grandfather of Mila, Matteo and Francesco. Brother of Joseph and Philip Bari. Brother-in-law of Vito Ascolillo. He is also survived by several nieces and nephews and many cousins. Jim was born in Augusta, Sicily on March 4th, 1945 to his parents Maria (Ciciulla) and Carmelo Bari. He was raised in the West End of Boston and later moved to Malden in 1970. He received his Bachelor's Degree in Business Administration at

Northeastern University in 1970 and later received his Master's Degree in Education at Eastern Nazarene College in 1993. Jim was a teacher at Malden High School where he was also the Head Coach of the Girls Soccer Team and the Class Advisor to the Class of 2007. He was dedicated to serving the community, especially with activities that involved helping children. He served as a youth soccer coach in Malden for many years. He was the Past President of the East Boston Kiwanis Club from 1977-1978 and the Lieutenant Governor for the Boston Area New England District of Kiwanis from 1980-1981. Jim was an active parishioner at Immaculate Conception Parish in Malden. He was a member of the Knights of Columbus and the Divine Mercy Prayer Group at the Parish. He was also active



During the 1980's, Jim owned and operated Sebastiano's Porthouse of Pizza in Newburyport. Relatives & friends are invited to attend his funeral from the Breslin Funeral Home, 610 Pleasant St., MALDEN on Tuesday, April 10th at 8:30 AM followed by a Funeral Mass celebrated at Immaculate Conception Church, 600 Pleasant St., Malden at 10 AM. Services will conclude with interment in Holy Cross Cemetery in Malden. Visitation will be held at the funeral home prior to the Mass on Tuesday only. In lieu of flowers, donations in his memory may be made to St. Basil Salvatorian Center, 30 East St., Methuen, MA 01844.

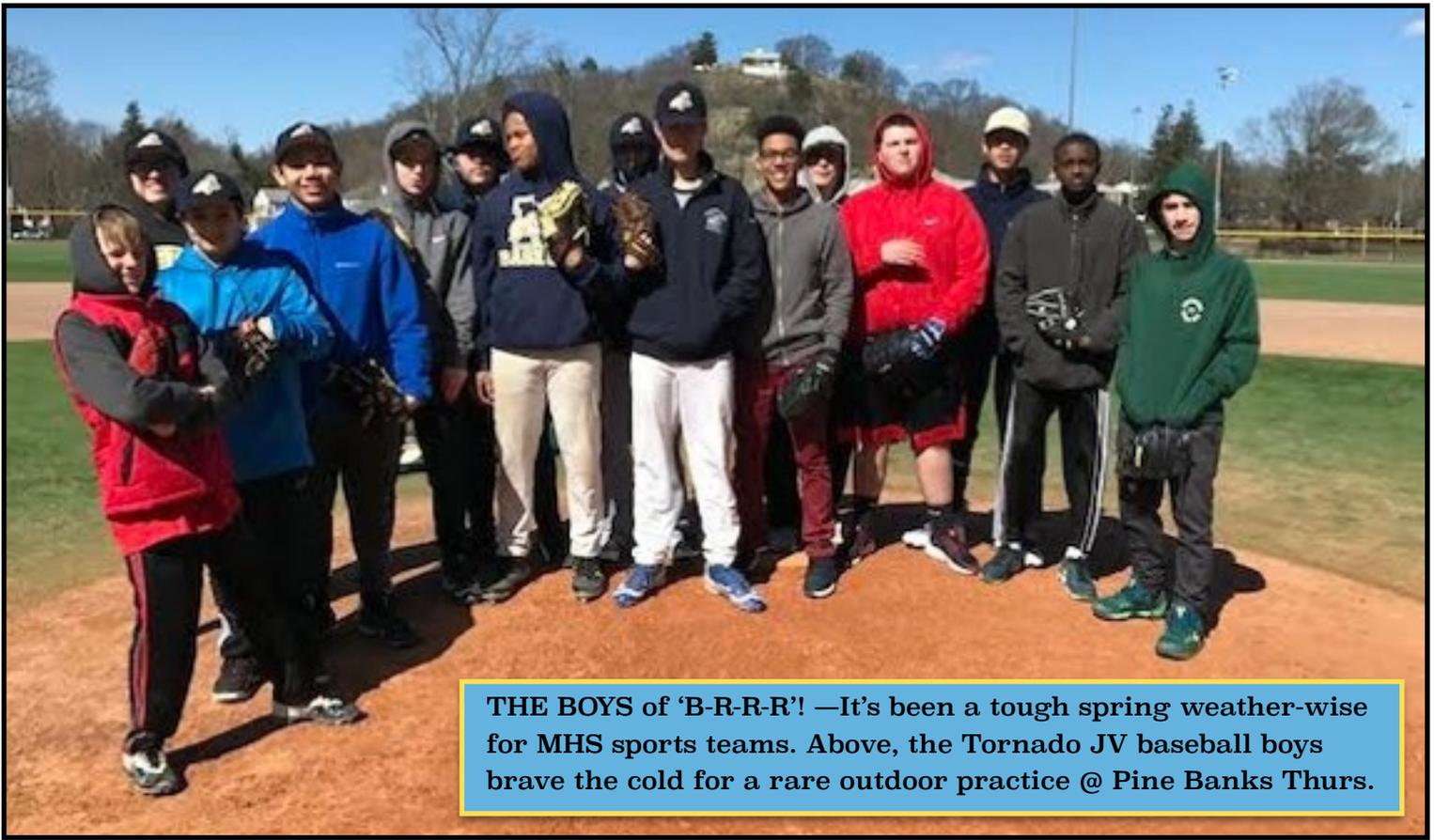
**PLEASE CONTRIBUTE  
TO 'THE NEDLAM  
NEWS'! LET'S SHARE  
THE GOOD NEWS  
ABOUT MHS!**

Do you have some good news to share about students, teachers, administrators and other staff members? An extracurricular activity, club or sports team? There is LOTS of Good News @ Malden High School! Let's share it with EVERYONE! Mr. Mastrangelo encourages everyone to email Steve Freker @ [sfreker@maldenps.org](mailto:sfreker@maldenps.org) with any news you like to share: stories, snippets, photos, announcement of meetings, events coming... and ones held. **THE NEDLAM NEWS** appears every Monday in your Inbox and is then shared on the District website [maldenps.org](http://maldenps.org)

### MALDEN HIGH SCHOOL



**ON DISPLAY @ 350 MAIN  
STREET IN MALDEN SQUARE  
THROUGH MAY 18, 2018**



**THE BOYS of 'B-R-R-R'!** —It's been a tough spring weather-wise for MHS sports teams. Above, the Tornado JV baseball boys brave the cold for a rare outdoor practice @ Pine Banks Thurs.



**PAT THE PATRIOT GREETS NEWEST MHS FANS:** Friday @ the NFL 'Fuel Up' Event

## CITY OF MALDEN EMPLOYEES Final Wellness Screening & Open Enrollment Benefits Fair

Wednesday, April 11th, 2018  
1:00 - 5:00 p.m.  
Senior Center Auditorium  
7 Washington Street

**DEADLINES:**

Open Enrollment: May 4, 2018  
Wellness Program: May 31, 2018

***This is your chance to enroll in...***

- Medical • Dental • Flex Spending Account (FSA)
- 457 Deferred Compensation Plan

*Special Guest: The Malden Federal Credit Union*

***Complete your Wellness Steps:***

1. Personal Health Assessment (PHA)
2. Biometric Milestones (Blood Pressure•BMI•Cholesterol•Nicotine Free)
  - a. Attend the last Biometric Screening
  - OR*
  - b. Have your physician complete & submit the Biometric Results Form
3. Earn Remaining \$100 by participating in activities

Computer terminals along with a Harvard Pilgrim Wellness Coordinator will be available on-site

Can't attend? Forms to enroll or make changes will be available in HR from April 12th through May 4th

# Malden High duo speaks at State House in Boston on Student Government Day

Malden High's Harrison Zeiberg and Birukti Tsige, shown at our representatives at Student Government Day on Friday April 6. Both took the podium on the floor of the State House in the Massachusetts House Representatives to discuss two bills: a resolution calling on Congress to abolish the Electoral College, and a bill restricting sales of tobacco and Nicotine products to only people over the age of 21. Both Harrison and Birukti gave impassioned speeches which showed deep analysis and careful reading of both bills, according to MHS History Team Leader Greg Hurley. The pair also had the opportunity to meet with Rep. Donato and an aide to Malden state Sen. Jason Lewis, D-5th District to discuss many issues.



## KINDERGARTEN OPEN HOUSE

On behalf of the Malden Public Schools, Superintendent John Oteri invites all Malden Families to KINDERGARTEN OPEN HOUSE at all five of our community's schools which educate our students at that grade level. The schedule for our April Kindergarten Open House is as follows:

—Salemwood School	Thursday, April 12	9 a.m.-1 p.m. & 5:30-7 p.m.
—Linden School	Monday, April 23	9 a.m.-1 p.m. & 5:30-7 p.m.
—Ferryway School	Tuesday, April 24	9 a.m.-1 p.m. & 5:30-7 p.m.
—Beebe School	Wednesday, April 25	9 a.m.-1 p.m. & 5:30-7 p.m.
—Forestdale School	Thursday, April 26	9 a.m.-1 p.m. & 5:30-7 p.m.



**PARENTS & GUARDIANS:** When visiting the school please report to the main office first and check in. For parents/guardians who have not done so, please submit your child's kindergarten registration packet to the Parent Information Center, 529 Salem St., Malden MA 02148. (at the Salemwood School) Please contact that office at 781-397-7271 if you have any questions.



Birukti Tsige at the State House podium



Harrison Zeiberg at the podium





**KEY CLUB CONVENTION:** Tim and Vivian get set for weekend trip to Springfield Friday



**MHS CAREER FAIR:** Mayor Christenson, center, and Rep. Ultrino talk with Malden High staff members at Friday's event

## ONGOING at the MALDEN HIGH SCHOOL LIBRARY

**PEER TUTORING:** Evert Tuesday and Thursday from 2:30-4:30 p.m with Ms. Cepetelli and the Malden Teen Enrichment Center supervising

**READING CHALLENGE:** The Second Annual Reading Challenge began Sept.24 and continues through June 4. Winners are announced quarterly, a final winner will be announced in June. Second Quarter winners: Francesca Seac (10th grade);Elizabeth Welch (11th grade); and Kathleen Wlehrauch (12th grade).

**BOOK CLUB:** The Book Club meets every other Tuesday in the Library from 220-300 p.m. after school. January's book was The Absolutely True Story of a Part-Time Indian by Sherman Alexie, a former Malden Reads selection.

**CHESS CLUB:** Open to all who want to play chess competitively. Beginners welcome as well. Meets every Tuesday after school from 230-400pm in the Library.

## Get set to 'dish it out' in popular 'Best Dish Contest'

**At 7th annual Multicultural Celebration**



**MS. MARQUEZ WRITES:** Hello everyone,

The 7th Annual Multicultural Celebration is a month away (May 4th from 5:30pm-7:30pm), and the Multicultural Club group members would like to know if the MHS staff would participate in this celebration of our community's diverse culture by participating in the event's Best Dish Competition! All you'd have to do is prepare a dish that is representative of your culture (or one with which you tend to connect) for everyone in attendance to enjoy and vote on! In order to be considered for the 1st or 2nd place cash prize, you must be in attendance at the event!

If this sounds like something in which you'd like to participate, please contact me by this Friday, April 13.

Thank you for supporting our students and joining in the celebration of diversity!

**Respectfully, Ms. Márquez and the Multicultural Club**