



WELCOME TO MALDEN HIGH SCHOOL

DAILY SCHEDULE / DAY ROTATION

- The calendar for the entire year will always be on the MHS website if you would like to view it - www.maldenps.org
- The day rotation is said in the morning announcements
- The daily schedule is usually posted outside of house offices, along with absent teachers
 - **QUICK TIP:** If you have an absent teacher, go to the Gallery (first floor in A house). **You will not have class if you have an absent teacher unless your class is covered by another teacher.**

REGULAR SCHEDULE (Wednesday - Friday)

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
Period 1 7:45-8:43	Period 2 7:45-8:43	Period 3 7:45-8:43	Period 4 7:45-8:43	Period 5 7:45-8:43	Period 6 7:45-8:43	Period 7 7:45-8:43
Period 2 8:46-9:41	Period 3 8:46-9:41	Period 4 8:46-9:41	Period 5 8:46-9:41	Period 6 8:46-9:41	Period 7 8:46-9:41	Period 1 8:46-9:41
Period 3 9:44-10:38	Period 4 9:44-10:38	Period 5 9:44-10:38	Period 6 9:44-10:38	Period 7 9:44-10:38	Period 1 9:44-10:38	Period 2 9:44-10:38
Period 4 (Long Block) 10:41-12:41	Period 5 (Long Block) 10:41-12:41	Period 6 (Long Block) 10:41-12:41	Period 7 (Long Block) 10:41-12:41	Period 1 (Long Block) 10:41-12:41	Period 2 (Long Block) 10:41-12:41	Period 3 (Long Block) 10:41-12:41
Period 5 12:44-1:28	Period 6 12:44-1:28	Period 7 12:44-1:28	Period 1 12:44-1:28	Period 2 12:44-1:28	Period 3 12:44-1:28	Period 4 12:44-1:28
Period 6 1:31-2:15	Period 7 1:31-2:15	Period 1 1:31-2:15	Period 2 1:31-2:15	Period 3 1:31-2:15	Period 4 1:31-2:15	Period 5 1:31-2:15

TUESDAY SCHEDULE (excluding Tuesdays that follow Monday holidays)

Period __ 7:55-8:36
Homeroom 8:39-8:59
Period __ 9:02-9:49
Period __ 9:52-10:38
Period __ (Long Block) 10:41-12:41
Period __ 12:44-1:28
Period __ 1:31-2:15

EARLY RELEASE MONDAYS

- Typically every Monday excluding Late Entry

The early release schedule can either be in numerical order or mixed.
Period __ 7:45-8:43
Period __ 8:46-9:41
Period __ 9:44-10:38
Period __ (Long Block) 10:41-12:41
Period __ 12:45-1:45

LATE ENTRY MONDAYS

- Late entry days are usually only once a month

The early release schedule can either be in numerical order or mixed.
Period __ 9:40-10:38
Period __ (Long Block) 10:41-12:41
Period __ 12:44-1:28
Period __ 1:31-2:15

LUNCH

- Both cafeterias are located on the first floor in B house - you can't miss them!
 - Cafeteria A has white walls, windows, and is the only cafeteria with the salad bar
 - Cafeteria B is larger, has orange walls, and is the only cafeteria with the snack bar, where you can buy smoothies, popcorn, and other smaller food items
 - Both cafeterias have vending machines
- All gym and health classes will have 4th lunch

HOW TO FIND YOUR CLASSROOM

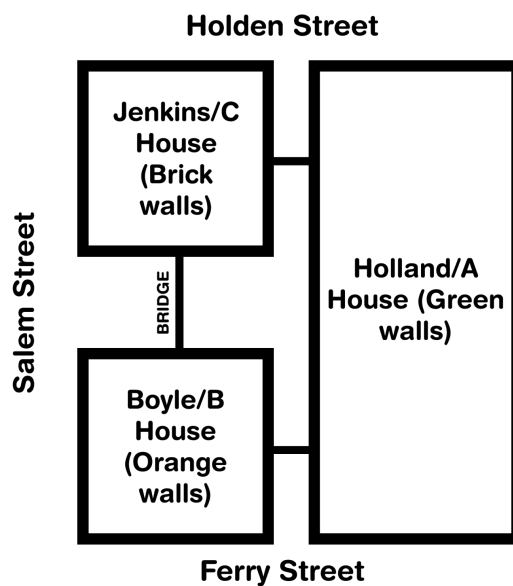
H315

The letter stands for what house the room is located.

The first digit of the number is what floor the room is located.

In this case, the room would be on the third floor in Holland (A) house.

MAP OF MALDEN HIGH (Overhead View)



MAIN OFFICE LOCATION

The main office is located on the first floor in **B house**. When you first walk into the entrance marked “B” on Salem Street, it is the first room on the right.

HOUSE OFFICE LOCATIONS

- You will go to your house office for late slips and dismissals
- Holland (A): Third floor **B house**
- Boyle (B): Second floor **B house**
- Jenkins (C): Third floor **C house**
- Brunelli (D): Fourth floor **C house**

GUIDANCE COUNSELOR LOCATIONS

- Ms. Northrop: Boyle House Office
- Ms. Belowsky: Brunelli House Office
- Ms. Quinn: Holland House Office
- Ms. Craven: Boyle House Office
- Ms. O’Connor: Jenkins House Office
- Ms. Lessard: Brunelli House Office

ADJUSTMENT COUNSELOR LOCATIONS

We encourage that if you are having any troubles, whether it be family issues, mental health issues, or if you just need someone to talk to, please go to a trusted adult at MHS! Our adjustment counselors will keep everything confidential and have the resources to help you get through tough situations.

- Holland: Ms. Hardy: Br470
- Boyle: Ms. Gelling: J270
- Jenkins: Ms. Gombos: J370
- Brunelli: Ms. Sulick: H409

BATHROOM LOCATIONS

- A House
 - First floor near the gym
- B House
 - First floor (always open)
 - Third floor
- C House
 - Third floor
- D House

GRADUATION REQUIREMENTS

- 4 years/credits of English
- 4 years/credits of Mathematics
- 3 years/credits of Science
- 3 years/credits of Social Sciences
- 2 years/credits of Wellness (1.5 gym and 0.5 health)
- 2 years/credits of Business, Technology, or Fine Arts
- 3 core/elective years/credits from any discipline

- **Must** pass MCAS (English, Mathematics, & Science)

CLUBS

<p>Clubs</p> <ul style="list-style-type: none"> • American Red Cross Club • Asian Culture Club • Badminton Club • Chemistry Club • Comedy Club • Computer Club • Culture Connection Club • Gay Straight Alliance • Fine Arts Club • Haitian Club • History Club • Key Club • Literary Society • Malden Against Cancer Club • Maldenism Club • Multicultural Club • Psychology Club • Relay For Life Club • Robotics Club • Step Team • Visual Arts Society • YMCA Leaders Club • Youth & Government <p>... and many more! You can always start your own clubs as well, just get permission first!</p>	<p>Elective Classes</p> <ul style="list-style-type: none"> • Choir • Concert Band • Maldonian Yearbook • Mock Trial • Play Production • The Blue and Gold Newspaper
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Let's see what current MHS seniors have to say about the clubs...

- **Meghan Yip:** I joined **Key Club** in my freshman year because I was looking to stay productive, get volunteer hours, and hang out with friends. My favorite events are the walks, which are usually in the Fall - we get tons of free food and items from the booths!
- **Yuwei Zeng:** I joined **Badminton Club** because it served as a place where I can hang out with friends while engaging in friendly competitions without the commitments that usually come with official sports.
- **Qian Ren:** I joined **Culture Connection Club** because it contributes to our diverse community. A major project of the club is working with children who are struggling with an identity crisis, weekly at Beebe and Salemwood. The club is a group of supportive and caring people of all ages and backgrounds that empowers each other to grow! The club also hosts many events such as talks and volunteer opportunities.

- **Shakyrá Antoine:** Other than just learning about democracy and how our government works, **Youth In Government** helps build greater connections with students both in your community and students across the state and country.

SPORTS

Participating in sports is a great way to stay fit, be active, and make friends at Malden High! Here are the sports currently offered.

<p><u>Fall</u></p> <ul style="list-style-type: none"> ● Cheerleading ● Cross Country ● Field Hockey ● Football ● Girls' Volleyball ● Golf ● Soccer 	<p><u>Winter</u></p> <ul style="list-style-type: none"> ● Basketball ● Cheerleading ● Gymnastics ● Ice Hockey ● Indoor Track ● Swimming ● Wrestling
<p><u>Spring</u></p> <ul style="list-style-type: none"> ● Baseball ● Crew ● Lacrosse ● Outdoor Track ● Softball ● Tennis ● Boys' Volleyball 	<p><u>Club Sports</u></p> <ul style="list-style-type: none"> ● Badminton ● Ping-pong

Let's see what current seniors have to say about the sports at Malden High...

- **Bia Kerr: MHS' Girls' Volleyball team** is full of positive energy, love, hard work, determination, and grit. Being a part of this team has made me look forward to going to practices, bus rides, and games every Fall. If I had to start my high school career all over again, I wouldn't have chose to be a part of any other team.
- **Max Weng:** If you like adrenaline rushes, pushing yourself to new heights both mentally and physically, and good food, **Crew** is the sport for you. No matter your experience level, we will welcome you into the family without hesitation.
- **Manuel Quesada Nysten:** The **Malden High boys' soccer team** has always been held in high regard across the league, so nothing but hard work and dedication is expected from the players. That being said, the team becomes your only friends during the season. We believe in constructive criticism; what you don't want to hear about your game or skill level is what will make you a better player, so as your teammates we make it a mission to tell you.

- **Rachel Eaglin: Track** is a sport where you learn to rely on yourself and your strengths. It's unique in that, although there are two different teams, all practices are co-ed so we all cheer for and know each other like family. People are discouraged from it by saying "I don't like running" or "I can't run that much" when in fact, they can. It's a very mental sport whether you are a runner, thrower, or jumper. Anyone can do it.
- **Jenny Huynh:** Being on the **Field Hockey team** has given me memories that I will cherish forever. I consider my team my second family, and their positive spirit has shown me that playing a sport is worth all the hard work in the end. Being on any team is more than just the game, and I am forever grateful that I chose to play this wonderful sport.

Resources at MHS

MHS 2017-2018 Resource Info Card

So you're wondering who can help you here at MHS? You can always start with your teachers! They are your biggest and best resource! Their emails are their first initial, last name (e.g. Mr. Edward Lombardi would be elombardi@maldenps.org)

House Principals:

Holland (A) House - Ms. M. Slattery (B322)
Boyle (B) House - Mr. C. Mastrangelo (B222)
Jenkins (C) House - Ms. S. Escovitz (J376)
Brunelli (D) House - Mr. R. Garcia (BR476)

Guidance Counselors:

Holland House - Ms. C. Quinn (B322)
Boyle House - Ms. E. Craven (B222)
Jenkins House - Ms. A. O'Connor (J376)
Brunelli House - Mrs. S. Lessard (BR476)
9th Grade Counselors - Ms. H. Northrop (B422)
Ms. T. Belowsky (B424)

Adjustment Counselors (All Houses):

Holland House - Ms. K. Hardy (BR470)
Boyle House - Mrs. R. Gelling (J270)
Jenkins House - Ms. J. Gombos (J370)
Brunelli House - Ms. J. Sulick (H409)

House Secretaries:

Holland & Boyle Houses - Ms. M. LeBlanc (B322)
Jenkins and Brunelli Houses - Ms. L. Glennon (J376)

Others who can help at MHS:

Librarians, nurses, coaches, directors, advisors, and cafeteria staff.

If you have any questions, please do not hesitate to ask.