

# Please join us for the ELC's 4th annual food drive!

**Where?** ELC

**When?** October 29-November 15

**For Who?** The Bread of Life

*Join in the spirit of giving by  
donating new non-perishable food  
items to be given to the Bread  
of Life here in Malden!*

**Hat Day Thursday November 14<sup>th</sup>  
and Friday November 15<sup>th</sup>:** Bring in  
a can good on either day and your  
child can wear a hat to school for  
the day!

*Donations can be given to your  
child's classroom teacher.*

**1 CAN, 2 CAN, Who CAN?  
You CAN!**



## **SAMPLE FOOD ITEMS:**

- **Baking items:** canned pumpkin, sweetened condensed milk, extracts (i.e. vanilla), pie fillings (cherry, banana crème, etc.)
- **Beans:** chili beans, black beans, pinto beans, butter beans, lima beans, refried beans, navy beans, hominy, etc.
- **Boxed mixes:** corn bread, cookie mix, muffin mix, stuffing, Au gratin boxed potatoes and other varieties
- **Breakfast items:** oatmeal packets, whole oats, cereal varieties
- **Canned fruit:** mixed fruit, mandarin oranges, apricots, cranberries, sliced peaches, pear halves, pineapple chunks, etc.
- **Canned meat/fish:** SPAM, potted meat, chunk light tuna, red/pink salmon
- **Canned soups:** clam chowder, vegetable, tomato, chicken noodle soup, French onion, cream of celery, vegetable beef, cream of mushroom, etc.
- **Canned vegetables:** beets, diced potatoes, sweet potatoes, asparagus, sliced carrots, corn (cream style, whole kernel), green beans, peas, tomatoes, etc.
- **Condiments:** ketchup, mustard, mayonnaise
- **Noodles:** mac & cheese, Ramen noodles, pasta side dishes, egg noodles, spaghetti, noodle bowls, boxed noodle varieties, Spaghetti-O's, Chef Boyardee cheese/meat ravioli, Pastaroni
- **Rice:** rice side dishes (Zatarain's, Rice-a-Roni, Spanish rice, etc.)
- **Sauces/Dressing:** pizza sauce, pasta sauce, sloppy joe sauce, BBQ sauce, hot sauce, a variety of salad dressings