

# September 2018

548 Broadway, Everett, MA 02149  
Entrance on Maple Ave.  
Tel: 781.581.4750 Fax: 617.203.3115  
FRC@Eliotchs.org  
@ELIOTCHSFRC



Hours:  
M: 9-6pm T: 9-6pm  
W: 9-7pm T: 8-4pm  
F: 8-4pm  
S: 9-12 \*3rd of the month only  
S: Closed

## Parenting Journey

Starting September 21st, 2018  
2 hours a week for 12 weeks  
Fridays, 9:30 - 11:30 am

To join the group please contact:  
Madlyna Bouchotte - Family Partner  
781-581-4750 MBouchotte@Eliotchs.org

## JUST FOR DADS

This group will serve as a resource for fathers of all ages with children 0 - 18 to connect and confide with fellow fathers in a supportive and safe environment. All information is confidential.  
1st Wednesday of month 5:30 PM- 6:30 PM  
2nd and 4th Monday of the month 9:30 - 10:30 AM  
Facilitator: Justin S. Beckett, LCSW  
781.388.6212 JBeckett@Eliotchs.org



## Lets talk

### about Parenting

Network with other parents, seek answers from others parents and find ideas, resources and supports that you and your family can use!  
1st and 3rd Thursday of the month 10:00 - 11:30 am  
1st and 3rd Tuesday of the month 4:30 - 6:00 pm  
Facilitator: Ruby Price  
781.389.4705 Texting is ok!  
RPrice@Eliotchs.org



## LGBTQ Teens Support Group

Our goal is to provide a space for self-identified LGBTQ teens to come together and find a sense of safety, community and support while building new relationships.  
Fridays 3:00 - 4:00 PM  
Patrick Hale, LICSW  
781.388.6243  
Phale@Eliotchs.org

## Grandparents Caregivers Support Groups

Come and connect with other parents whose families were formed through adoption or guardianship. This can include kinship caregivers and grandparents raising grandchildren. This will be a great opportunity to connect in a supportive setting to explore common interest, concerns, experiences and give- receive support.  
3rd Wednesday of the month at 5:30 PM  
Facilitator: Kathy Harlow  
781-246-5187  
North Suburban Child and Family Resource Network  
KHarlow@Hallmarkhealth.org



Every mother deserves top quality breastfeeding help and support!  
Monday 10 am- 12 noon  
617.387.2097



## CREATIVE COPING

Sign up now for New Mothers Group starting Wednesday, September 26, 2018 at the Family Resource Center in Everett. To register call Karen at 781-338-7607



Weekdays  
2:00 - 3:00 pm

## N.O.S.O.T.R.A.S

Segundo y Cuarto JUEVES del mes de 11 am - 12 pm.  
Hablamos de las dificultades de ser madre, mujer, compañera y mas.



Join our new groups for children ages 5 and under! This is a great time for little ones to socialize and learn valuable lessons about cooperation, play and socialization. Also a great opportunity for parents and caregivers in the community to connect with each other.  
Tuesday and Thursday  
10:00 - 11:00 AM



All services are confidential and FREE

The Eliot Family Resource Center is one of twenty-two such centers spread across Massachusetts. As part of this statewide network, we offer evidence-based parent education programs, parent support groups, early childhood services, information and referral resources, job search, information related to children's education such as IEP/ 504, CRA support, food pantry and other needs for families from Everett, Malden, Chelsea and other nearby communities regardless of insurance, income or immigration status.

Our goal is to support families to strengthen their bonds, connect to others, and engage in their community.



We need non-perishable food and Gift Cards to local supermarkets  
Thank you!

