

January 2025

Malden Public Schools 5-8 LUNCH MENU

Possible daily Offerings

Turkey or Ham Sandwich

Sun Butter & Jelly

The American Cheese Sandwich

Fun Lunch (V)

Yogurt Fruit Cup

Bento Box Varieties

All Lunches Must Include
Choice of:
Fruits and/or
Vegetable

(Locally Sourced)

And May Include:

1% Low-Fat Milk
Low Fat Milk

Powering potential.

MON	TUES	WED	THURS	FRI
		1 No School	2 All Beef Hot Dog Baked Beans Celery Sticks Red Delicious Apples	3 Shop Style Cheese or Pepperoni Pizza Side Salad Cucumber Slices Fruit Salad
6 Chicken Parmesan Spiral Fries Tomato Poppers Pears	7 Homemade Pasta & Meatballs Dinner Roll Steamed Green Beans Celery Sticks Red Delicious Apples	8 Early Release	9 Beef & Cheese Burrito Crispy Tater Tots Cucumber Slices Fresh Oranges	10 Shop Style Cheese or Pepperoni Pizza Steamed Corn Side Salad Fresh Cantaloupe
13 Meatball Sub Sweet Potato Fries Grape Tomatoes Orange Slices	14 Pancakes Warm Blueberries Sausage Links Baby Carrots Cucumber Slices	15 Chicken Pasta Alfredo Whole Wheat Roll Roasted Broccoli Celery Sticks Red Delicious Apples	16 Corn Dogs Vegetarian Baked Beans Sweet Potato Fries Cucumber Slices Fresh Honey Dew	17 Personal Deep Dish Cheese or Pepperoni Pizza Steamed Green Beans Side Salad Cantaloupe Chunks
20 No School	21 Chicken & Cheese Nachos Steamed Corn Black Beans Orange Slices	22 Mac & Cheese Dinner Roll Steamed Carrots Celery Sticks Mix Melons	23 Cheesy Hot Dog and Smiley Fries Cucumber Slices Red Delicious Apples	24 Shop Style Cheese and Pepperoni Pizza Steamed Peas Side Salad Red Grapes
27 Double Stuffed Breadsticks Served with Marinara Sauce Garbanzo Beans Baby Carrots Red Delicious Apples	28 Popcorn Chicken Bowl Mashed Potatoes, Corn & Popcorn Chicken Celery Sticks Honeydew Melon	29 Chicken & Dumplings Served with Rice Steamed Peas Red Grapes	30 Baked Potato Bar Grape Tomatoes Orange Slices	31 Personal Deep Dish Cheese or Pepperoni Pizza Side Salad Sliced Cucumbers

Menus are subject to change.

Halal Items available every Thursday with a one day notice (Wednesday)

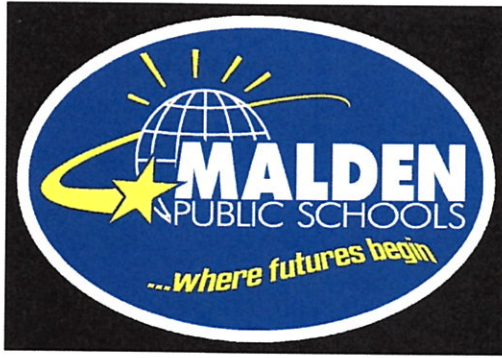
Please inform your Service of any allergies you may have.

Any Questions please call Food Service



This institution is an equal opportunity provider.





January 2025

Malden Public High School LUNCH MENU

Made to Order Deli Bar

Various Cold Cuts and
Cheese Slices
Available

Tuna Salad, Chicken
Salad & Egg Salad

Lettuce & Tomato
Slices

Yogurt & Fruit Parfait

Yogurt & Fruit Platters

All Lunches
Must Include
Choice of:
Fruits and/or
Vegetable
(Locally Sourced)
And May
Include:
1% Low-Fat
Milk
Low Fat Milk

Powering
potential.



MON	TUES	WED	THURS	FRI
		1 No School	2 All Beef Hot Dog Bar Crinkle Fries Sweet Peas Red Delicious Apples	3 Shop Style Cheese or Pepperoni Pizza Side Salad Garbanzo Beans Fruit Salad
6 Chicken Parmesan Spiral Fries Grape Tomatoes Pears	7 Teriyaki Chicken Bowl White Rice Roasted Broccoli Sweet Pineapple	8 Early Release	9 Pasta with Meat Sauce Dinner Roll Steamed Carrots Celery Sticks Orange Slices	10 Shop Style Cheese or Pepperoni Pizza Steamed Corn Side Salad Fresh Cantaloupe
13 Waffles with Warm Blueberries Turkey Sausage Links Tater Tots Tomato Poppers	14 General Tso's Chicken & Broccoli over White Rice Baby Carrots Red Grapes	15 Chicken Pasta Alfredo Whole Wheat Roll Roasted Broccoli Celery Sticks Red Delicious Apples	16 Shepard's Pie (Mashed Potato, Corn Beef in Brown Gravy) Fresh Pears	17 Shop Style Cheese or Pepperoni Pizza Red Beans Side Salad Cantaloupe Chunks
20 No School	21 Thai Sun butter Sauce Over Chicken & White Rice Steamed Peas Celery Sticks Orange Slices	22 Mac & Cheese Dinner Roll String Beans Grape Tomatoes Fresh Pears	23 Chicken & Vegetable Dumplings Vegetable Fried Rice Vegetable Egg Roll Red Delicious Apples	24 Shop Style Cheese and Pepperoni Pizza Roasted Zucchini Side Salad Fresh Cantaloupe
27 BBQ Chicken on the Bone Vegetarian Baked Beans Roasted Cauliflower Orange Slices	28 Atomic Burger (Pepper Jack Cheese, Jalapenos & Red Onions) Crinkle Fries Steamed Corn Peaches	29 Pasta & Meatballs Dinner Roll Steamed Carrots Celery Sticks Pears	30 Homemade Meatloaf Mashed Potatoes Sliced Cucumber Red Delicious Apples	31 Shop Style Cheese or Pepperoni Pizza Side Salad Garbanzo Beans Honeydew

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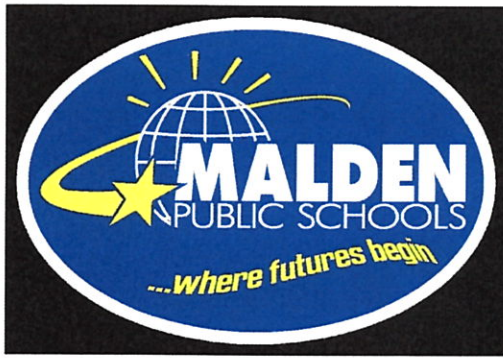
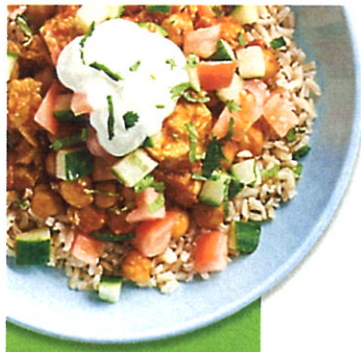
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January 2025

Malden Public Schools K-8 LUNCH MENU

Possible daily Offerings

Turkey or Ham Sandwich

Sun Butter & Jelly

The American Cheese Sandwich

Fun Lunch (V)

Yogurt Fruit Cup

Bento Box Varieties

All Lunches Must Include Choice of: Fruits and/or Vegetable (Locally Sourced) And May Include: 1% Low-Fat Milk Low Fat Milk

Powering potential.



	MON	TUES	WED	THURS	FRI
			No School	All Beef Hot Dog Halal Hot Dogs Baked Beans Celery Sticks Red Delicious Apples	Shop Style Cheese or Pepperoni Pizza Side Salad Cucumber Slices Fruit Salad
	Chicken Parmesan Sandwich Spiral Fries Grape Tomatoes Pears	Homemade Pasta & Meatballs Dinner Roll Steamed Green Beans Celery Sticks Red Delicious Apples	Early Release	Juicy Cheeseburger Halal Hamburgers Crispy Tater Tots Cucumber Slices Fresh Oranges	Shop Style Cheese or Pepperoni Pizza Steamed Corn Side Salad Fresh Cantaloupe
	Meatball Sub Sweet Potato Fries Grape Tomatoes Orange Slices	Pancakes Warm Blueberries Sausage Links Baby Carrots Cucumber Slices	Chicken Pasta Alfredo Roasted Broccoli Whole Wheat Roll Celery Sticks Red Delicious Apples	Crispy Chicken Tenders Halal Chicken Tenders Sweet Potato Fries Cucumber Slices Fresh Honeydew	Personal Deep Dish Cheese or Pepperoni Pizza Steamed Green Beans Side Salad Cantaloupe Chunks
	No School	Beef & Cheese Nachos Steamed Corn Black Beans Orange Slices	Mac & Cheese Whole Wheat Dinner Roll Steamed Carrots Celery Sticks Mix Melons	Cheesy Hot Dog Halal Hot Dog Smiley Fries Cucumber Slices Red Delicious Apples	Shop Style Cheese and Pepperoni Pizza Steamed Peas Side Salad Red Grapes
	Double Stuffed Breadsticks Served with Marinara Sauce Garbanzo Beans Baby Carrots Red Delicious Apples	Popcorn Chicken Bowl (Popcorn Chicken, Corn and Mashed Potatoes) Celery Sticks Honeydew Melon	Chicken & Dumplings Served with Rice Steamed Peas Red Grapes	All Beef Cheeseburger Halal Hamburger Tater Tots Grape Tomatoes Orange Slices	Personal Deep Dish Cheese or Pepperoni Pizza Side Salad Sliced Cucumbers

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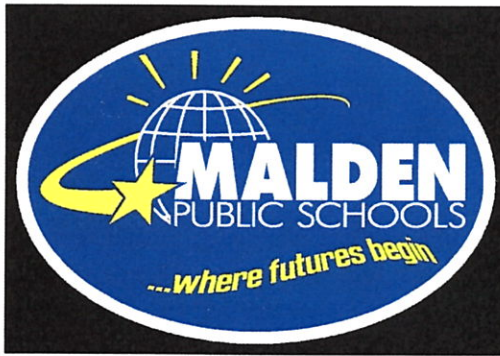
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January 2025

Malden Public Schools E.L.C.
LUNCH MENU

Possible daily Offerings

Sun Butter & Jelly

The American Cheese Sandwich

Locally Sourced Produce Used When Available

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% Low-Fat Milk Low Fat Milk

Powering potential.

MON

TUES

WED

THURS

FRI

		No School		Crispy Chicken Sandwich Tater Tots Red Bean Apple Slices	Pizza Crunchers Side Salad Cucumber Slices Fruit Punch
Cheesy Croissant Melt Sweet Potato Fries Cucumber Slices Honeydew Melon	Popcorn Chicken Mashed Potatoes Shredded Carrots Orange Smiles	Early Release	Homemade Marinara Over Pasta Steamed Green Beans Red Pepper Strips Diced Pears	Personal Size Cheese Pizza Steamed Corn Side Salad Fruit Punch	
<i>Chicken Fingers</i> Smiley Fries Sweet Peas Orange Slices	Breakfast For Lunch French Toast Sticks Sausage Patties Tater Tots Cucumber Slices Blueberries	Mac & Cheese Roasted Broccoli Garbanzo Beans Apple Sauce	Chicken Nuggets Sweet Potato Fries Cucumber Slices Fresh Honey Dew	Pizza Crunchers Steamed Green Beans Side Salad Fruit Punch	
No School	<i>Breakfast For Lunch</i> Mini Whole Grain Waffles Tater Tots Sausage Patties Orange Smile	Homemade Marinara Over Pasta Steamed Carrots Celery Sticks Honeydew	Chicken Tenders Sweet Potato Fries Roasted Broccoli Sliced Apples	Personal Size Cheese Pizza Steamed Peas Side Salad Fruit Punch	
Popcorn Chicken Mashed Potatoes Celery Sticks Honeydew Melon	Breakfast for Lunch French Toast Sticks Sausage Patties Tater Tots Garbanzo Beans Apple Slices	Cheese Nachos Steamed Corn Black Beans Orange Smiles	<i>Cheesy Croissant Melt</i> <i>Sweet Potato Fries</i> <i>Cucumber Slices</i> <i>Cantaloupe</i>	Pizza Crunchers Side Salad Sliced Cucumbers Fruit Punch	

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Any Questions please call Food Service Department 781-397-6035



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