



# THE NEDLAM NEWS

Volume I No. 5 February 26, 2018



## It is 'no yolk' folks... it's real-life Physics!

Our own Dexter Haag may appear to be a 'Sad Sack' here, an ignoble first result of the annual illustrious 'Egg Drop Project' which is undertaken this year by Ms. Fox's Physics classes. Not to worry, though, as many of the Malden High School student partners who worked on this project for a couple of weeks with rubber bands in the halls, exact measurements and the like were wildly successful! **More, P8**

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WHO is this  
and why do  
we want to  
make sure we  
are around  
MHS March 8 ??



## MALDEN HIGH SCHOOL VISION STATEMENT

The Malden High School community believes in the potential of all students to learn, to grow and to become active, conscientious participants in the 21st century global society. We believe that students learn most effectively in a safe, respectful environment that encourages diverse viewpoints, promotes critical thinking and perseverance and establishes vigorous standards for all. We honor the diverse nature of our Malden community, promote social awareness and community involvement and strive to meet the needs of all students through innovative methods and continued professional development. We are committed to ensuring that Malden High School graduates are thoughtful, independent, purpose-driven lifelong learners. We seek to equip all students with the skills and habits necessary to successfully navigate and contribute to our ever-changing world.



**TALKING BASKETBALL:** 'Hoopologists' talk roundball at a recent game. Athletic Director Mr. Conefrey at right and at left, Superintendent Oteri, a frequent attendee.

## Welcome Back! Let's take some time to recognize and thank our School Counselors

### To All Malden High School staff:

First, welcome back! I hope each of you had a restful, pleasant and excellent week off during our February break. We will forge on together as we approach spring and the arrival of March on Thursday. Today, I wanted to take a moment to recognize the amazing work of our School Counselors.

We have over 1,800 students that come with different backgrounds and countless individual needs that all have to be met. Our Counselors manage to build strong relationships with each student and create plans for success for each.

The job is daunting, yet they perform it every day without complaint and somehow seem to manage everything that is piled upon them with compassion and professionalism.

As an administration we would be lost without them. As a faculty they are the first people we contact when we need ideas or strategies in how to reach our students. As a school we are incredibly lucky to have the individuals that we have fighting for our students. As a parent I can only hope that my children are as fortunate to have the guidance that the students of MHS have every day. As we recently marked National School Counseling Week, I say THANK YOU from the entire Malden High School community.

**Mr. Mastrangelo - Principal**





## **Malden High School students among first in Mass. to receive their pre-apprentice certificates from new state program**

A group of Malden High School students became some of the first in Massachusetts recently to earn their pre-apprenticeship certificates in various building trade disciplines through the Massachusetts Division of Apprentice Standards (DAS). The Malden High School administration signed an agreement with the Mass. DAS and nearly a dozen students took part in the inaugural year of the program. A ceremony was held on the office of Malden Superintendent John Oteri. Also in attendance were state building and DAS officials, Malden Mayor Gary Christenson, center, Malden High Principal Chris Mastrangelo, back row, right, and MHS Pathways Program director Ron Janowicz and staff members Kelli Colomb and others.

**PLEASE CONTRIBUTE TO 'THE NEDLAM NEWS'!  
LET'S SHARE THE GOOD NEWS ABOUT MHS!**

Do you have some good news to share about students, teachers, administrators and other staff members? An extracurricular activity, club or sports team? There is LOTS of Good News @ Malden High School! Let's share it with EVERYONE! Mr. Mastrangelo encourages everyone to email Steve Freker @ [sfreker@maldenps.org](mailto:sfreker@maldenps.org) with any news you like to share: stories, snippets, photos, announcement of meetings, events coming... and ones held. **THE NEDLAM NEWS** appears every Monday in your Inbox and is then shared on the District website [maldenps.org](http://maldenps.org)

# **THIS WEEK'S Notes & Calendar**



**MONDAY, FEBRUARY 26**—This is an EARLY RELEASE DAY with dismissal at 1:45 p.m

**TUESDAY, FEBRUARY 27**- Malden High School boys basketball is on the road to take on St. John's Prep in Round One of the MIAA State Basketball Tournament at 7:00 p.m. Let's get up the Danvers and support the team! GO TORNADOES!

**WEDNESDAY, FEBRUARY 28**— The third Wellness Screening for all enrolled in Harvard Pilgrim Health is available between 200-600 pm at the Early Learning Center, Mountain Ave., Malden. The earlier you take the HQ, the sooner you will receive your incentive of up to \$500!

**THURSDAY, MARCH 1**— Beginning today, March 1, ALL Malden High School students may receive FREE BREAKFAST. Please help get the word out to all of our students.

**CLASS ROTATIONS:**— MON. 3-4-5-6-7  
TUES 1-2-3-4-5-6 WED 7-1-2-3-4-5  
THURS 6-7-1-2-3-4 FRI 5-6-7-1-2-3

## **Model United Nations gives Malden HS students an opportunity to spread their 'international wings'**



**Many Malden HS students participated in Model UN in the Library for four days before vacation.**

### **PLEASE CONSIDER SUPPORTING '2018 JUNIOR VARIETIES' & the MHS 'Class of 2019' WITH YOUR ATTENDANCE, Or In the AD BOOK!**

*This March will mark the 78th year of the annual Junior Varieties Show at Malden High School! The show is the most successful fundraiser for the classes and the Juniors are working diligently to make sure that we uphold the tradition and make Malden High School proud! This year the show will be on March 9th & 10th in the Malden High School Jenkins Auditorium at 7pm on both nights. We hope you will join us! If you'd like to support the show through the ad book, with a sponsorship form available by contacting me at [rcorcoran@maldenps.org](mailto:rcorcoran@maldenps.org). If you could help spread the word by sharing this with family, friends, or local businesses it would be greatly appreciated. - Rebecca Corcoran '19 Class Advisor*

# THE JINAPIN DYNASTY: Malden High Swim Captain sets School Records & More in States

Malden High senior swim captain Pete Jinapin spent a lot of time in his Golden Tornado pool dominance setting school records in individual events... and then re-breaking them in other water histrionics. In his final swim as a Tornado, Jinapin did not disappoint! The Malden star broke his own school record in the 100 breaststroke with a 1:00.24 finish and **SECOND PLACE** in the **STATE** at the MIAA Division 1 State Championship Meet. Jinapin **ALSO** set the school record in the 200 Individual Medley with a time of 1:58.29, finishing **SEVENTH** in the state. Jinapin also swam a leg in the 200 medley with Lombardi, Wang and Ochoa for a **SEVENTH PLACE** finish in the state in that event. What a season for The **JINAPIN DYNASTY** in 2017-2018!!



Malden sophomore Myo Thiengi was 13th in state in 100 breaststroke! Great job, Myo! She is shown with Coach 'D'



**KEVIN OCHOA SETS SCHOOL RECORD IN 200 FREESTYLE!!** Malden's Ochoa also had a super season as did fellow senior Dylan Ha. Ochoa joined in the record-setting rhumba with a new mark in 200 Free!



**CONGRATULATIONS, MALDEN & MEDFORD CO-OP GIRLS HOCKEY**  
Goalie Terrell Pesaturo of Malden HS who was named a Northeastern Conference All-Star for 2017-2018!

**WAY to GO, JUNIOR!! Malden HS senior heavyweight Junior Pericles finished 2nd in the North Sectionals and competed in the MIAA Div. 1 Wrestling State Championship Tourney**

**'MS. FLEET of FOOT' Rachel Eaglin finished EIGHTH in the state in the 55 meter dash in the MIAA Div. 1 Championship Meet and just this past weekend moved on and competed in the MIAA All-State Track Championships! Great job !!**





Did somebody say...  
**RECORD??** This  
boys 800 Relay  
track quartet of  
Anwar, Asousy,  
Orich & Toh set a  
NEW school mark  
(8:42) @ MIAA D-1  
Championship Meet!

**BOYS BASKETBALL on road @ SJ PREP  
TUESDAY NIGHT in MIAA D-1 STATES!**

Coach Nally, below, senior Tyler Holness, right, and the  
Golden Tornadoes (13-7) play in the postseason tomorrow!



**The 'Egg Drop Experiment' was an overall success as our physics students learned many facets, put theory to the test**



Students from Ms. Fox's Physics classes spent their time well preparing for an participating in the Egg Drop Experiment... inside & outside



A lot of rubber bands and a lot of 'in the halls' energy was spent preparing for the experiment under Ms. Fox's watchful eyes, right

