

Tornado Times
Monday, April 11, 2016
Volume 13, Issue #31



The Tornado Times is put out at the beginning of each school week.

The contents of the Tornado Times are intended to inform Malden High School students and staff as well as the greater Malden High School community. If you would like to add something please submit the contents to Principal Dana F. Brown, dbrown@maldenps.org. Stories, pictures, reminders, club, activity, and class notes are all welcome.

Malden High School Vision Statement

The Malden High School community believes in the potential of all students to learn, to grow, and to become active, conscientious participants in the 21st century global society. We believe that students learn most effectively in a safe, respectful environment that encourages diverse viewpoints, promotes critical thinking and perseverance, and establishes rigorous standards for all. We honor the diverse nature of our community, promote social awareness and community involvement, and strive to meet the needs of all students through innovative methods and continual professional development. We are committed to ensuring that Malden High School graduates are thoughtful, independent, purpose-driven, lifelong learners. We seek to equip all students with the skills and habits necessary to successfully navigate and contribute to our ever-changing world.

Good morning,

Compassion and caring come in many forms; consider donating blood today at our second Red Cross Blood Drive Day of the year. 8 am-1pm in the Finn Gym.

Any questions? Contact Mr. Giordano in Br 482.

This week:

Monday, April 11, 2016	Red Cross Blood Drive, Early-release, evaluation	7,1,2,3,4
Tuesday, April 12, 2016	Debate Night, 6 pm, Jenkins	6,7,1,2,3,4
Wednesday, April 13, 2016	"Stop the Stigma"	5,6,7,1,2,3
Thursday, April 14, 2016	Career Fair, School Council Meeting, 6:30 pm, Freshman assemblies 1,2, East meets West, Jenkins, 7 pm	4,5,6,7,1,2
Friday, April 15, 2016	Start of vacation at end of day	3,4,5,6,7,1

Join our students on Tuesday night at 6 pm in the Jenkins Auditorium for a debate night!

Last Friday many of our students had the opportunity to visit the Edward M. Kennedy Institute for the United States Senate. Our students were greeted by our Congresswoman Katherine Clark.



Congratulations to Michele Huang, Pema Kunsal and Jessica Munroe for their very successful karaoke night on Friday. "Singing for Soldiers" was a fun, entertaining and worthwhile event. Thank you ladies! A big shout out to Ms. Dick, Ms. Mazza, Ms. D'Agostino, Mr. Giordano, and Mr. Marques for their participation and support!





On Saturday we had quite a day. Advanced Placement math students took a mock exam, LGR students took a practice SAT test, some of our students were among the 180 or so students from around the region taking the ACT, the crew team held an Erg competition with teams from Medford, Somerville, and Everett, and many of our spring sports teams finally got a decent weather day for games!



**FREE and OPEN to the Public.
Donations are Welcome!**

Thursday WHEN:

April 14, 2016 7:00 PM

WHERE:

**Jenkins Auditorium, Malden
High 77 Salem St., Malden**

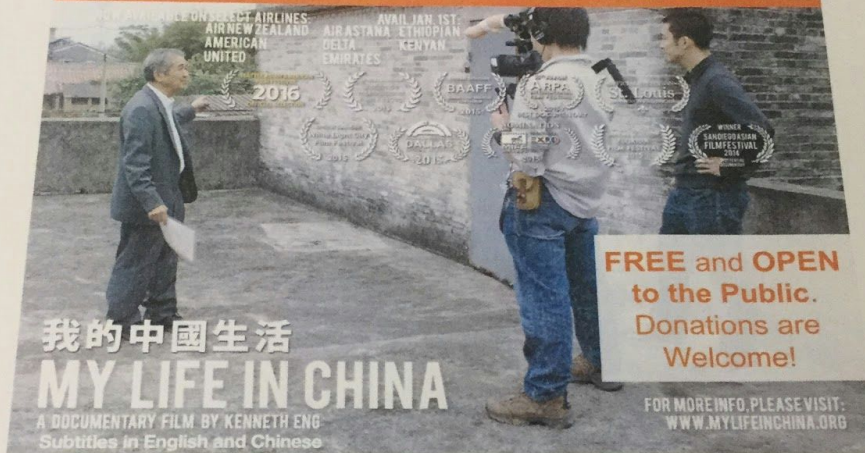
After the movie, there will be Q &
A. Audience will have the
opportunity to meet and speak to
the filmmaker

**EAST MEETS WEST ~
CULTURAL DIALOGUE SERIES**

中西文化交流對話 講座系列

EAST MEETS WEST ~ CULTURAL DIALOGUE SERIES

My Life In China



WHEN: Thursday April 14, 2016 7:00 PM

WHERE: Jenkins Auditorium, Malden High
77 Salem St., Malden

After the movie, there will be Q & A. Audience will have the opportunity to meet and speak to the filmmaker

华夏文协为了增进华裔两代沟通，帮助子女建立健康的人生觀，鼓勵中西文化交流，融入主流社會，認識居民權益與責任，共享社會資源，提升生活品質和社會地位，我们从十月至六月每月提供一系列講座節目。歡迎踴躍參加。本活動是與摩頓橋醫療中心和辦，由艾德磊基金贊助。

The East Meets West Cultural Dialogue series is funded by Adelaide Breed Bayrd Foundation and the support of its collaborators.

This movie is in collaboration with Cambridge Health Alliance and Malden Reads, one city one book.

CHINESE CULTURE CONNECTION
華夏文化協會



CHA Cambridge Health Alliance

R.S.V.P. 報名請來電 781.321.6316 info@ChineseCultureConnection.org

华夏文協辦公室: 781-321-6316. 99 Dartmouth St., Malden, MA 02148 www.ChineseCultureConnection.org

Malden Stop the Stigma Day, April 13th

Wear a ribbon (provided at MHS), upload picture to your snapchat, Facebook, Twitter...

#MaldenStopTheStigma

1. Social Stigma is a severe social disapproval of or personal discontent with a person on the grounds of their unique characteristics distinguishing them from others in society. Stigma prevents the person with an addiction, their family, and close relatives from reaching out to family and friends for support and guidance as they feel alone, isolated, alienated, uninformed and cut-off from others. Do your part to reduce stigma by recognizing addiction as a disease and choosing your words carefully.

#MaldenStopTheStigma –www.drugfree.org for more information

2. Stigma is one of the leading barriers to people with substance use disorder seeking treatment; we must remove stigma associated with substance use to help create change and improve the health of our community. Join the community by supporting “Malden Stop the Stigma Day” on April 13. Ribbons are available to show your support and you can change your social media profile to show your support in reducing the stigma of addiction.

#MaldenStopTheStigma

3. It matters how we refer to individuals with substance-related conditions, according to a randomized study of two commonly used terms. Referring to an individual as a “substance abuser” may elicit and perpetuate stigmatizing attitudes that appear to relate to punitive judgments and perceptions that individuals with substance-related conditions are recklessly engaging in willful misconduct. Join the City of Malden on April 13 to help reduce the stigma of addiction. #MaldenStopTheStigma

4. I’m too embarrassed to talk about my loved one’s substance use disorder because of stigma! Stigma by the person using and the family is real and promotes fear, isolation and hopelessness. Help break down the barriers by reducing the stigma of addiction. There is Help, there is Hope! #MaldenStopTheStigma

5. According to the National Center on Addiction and Substance Abuse, 85 million people in this country are impacted in some way by the disease of addiction. These are parents, siblings, relatives, friends and caregivers who suffer right along with the person with an addiction. Let’s remove the stigma so young people will get the professional help they need. #MaldenStopTheStigma

6. Stigma remains the biggest barrier to addiction treatment. The terminology used to describe addiction has contributed to the stigma. By choosing language that is not stigmatizing, we can begin to dismantle the negative stereotype associated with addiction and make a difference. #MaldenStopTheStigma –(Information from naabt.org)

7. Changing the stigma of addiction will allow people with addiction to more easily regain self-esteem, allow lawmakers to appropriate funding, allow doctors to treat without disapproval of their peers, and help the public understand this is a medical condition.

(Information from naabt.org) #MaldenStopTheStigma

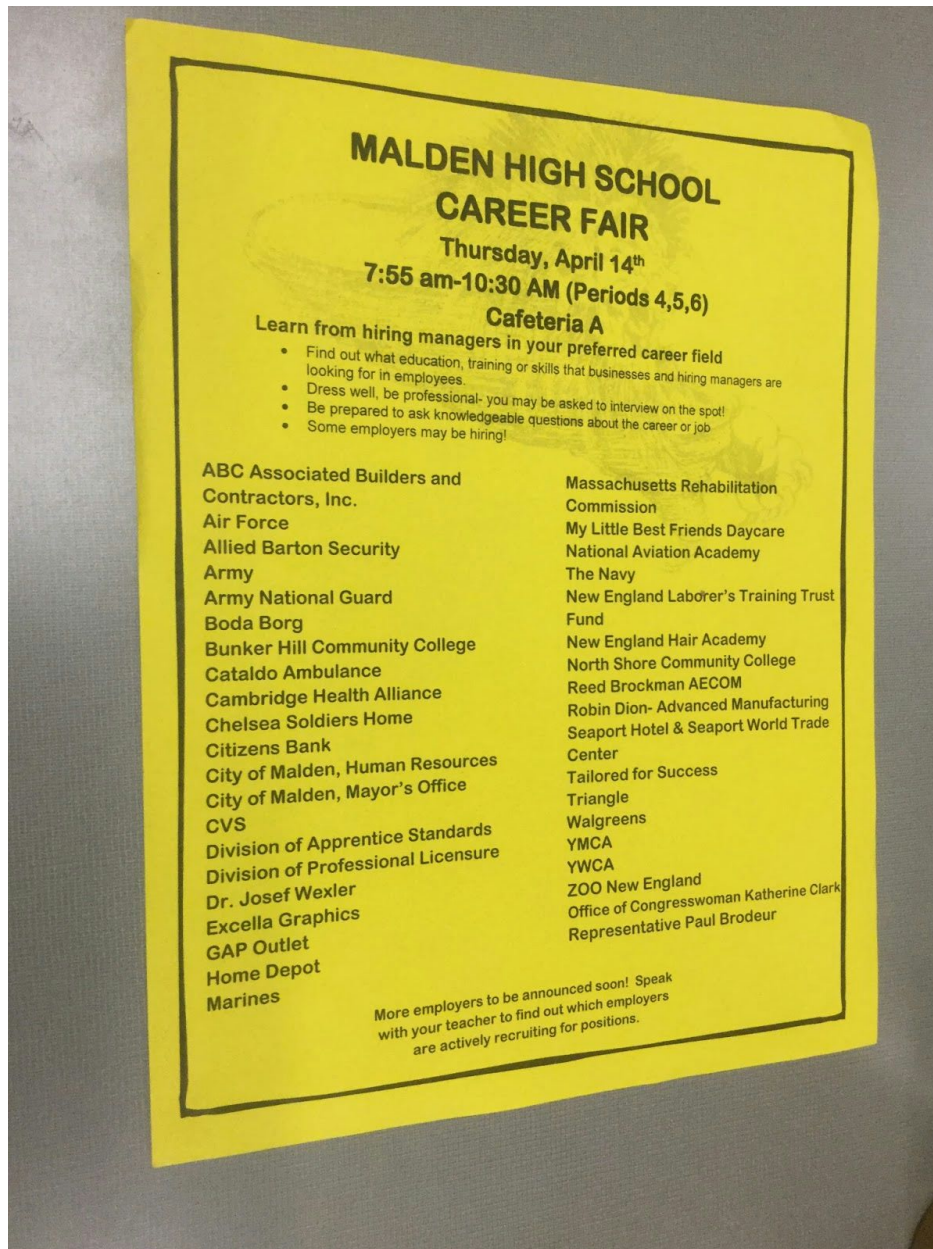
8. According to the Center for Disease Control barriers to access, combined with the stigma and negative reactions often faced by Intravenous Drug Users can create powerful feelings of mistrust and alienation and a strong reluctance to seek out or participate in programs or services. #MaldenStopTheStigma

9. Stigma is a barrier to treatment, but also one of the greatest challenges to recovery. #MaldenStopTheStigma
<http://www.hbo.com/addiction/stigma/index.html?current=4>

Hi, everyone. The next vacation book giveaway is Friday, April 15. Please let me know if you have books to donate, or just drop them off to Br 478. Thank you.

**Ms. Abbey Dick
English Teacher
Malden High School
adick@maldenps.org
Br 478**

Career Fair...please let Kelli Collumb know if you will be bringing one or more of your classes. Thank you.



Join us for the 5th annual Boston EdTalks

A Celebration of Teacher-Led Innovation

May 5, 2016

Presentations from 5:30-7:30pm.

Celebratory cocktail hour with presenters and guests from 7:30-8:30pm.

The Boston EdTalks will take place at The Boston Foundation, 75 Arlington St, 10th floor, Boston, MA 02116.

<http://www.bostonedtalks.org/rsvp/>

Malden High School Hall of Fame

This year's Malden High School Hall of Fame honorees include a female Air Force general, a professional musician, an international banker, a life-long educator, the founder of an English language school for immigrants, a construction tycoon who twice became governor, and a former butter and egg store clerk who now gives back.

A banquet and induction ceremony for the MHS Alumni Association's Hall of Fame Class of 2016 will be held Friday, April 29, at Anthony's Function Hall in Malden to recognize MHS alumni for exceptional achievement in their chosen careers and/or their outstanding contributions to the community and beyond.

The honorees and their categories:

Community service -- John Boris

Business -- John McCarthy

Arts -- Marc Phaneuf

Education -- Diane Portnoy

Military -- Theresa Ciccolo Prince

Education/Community Service -- Virginia Shahbas Yardumian

Government -- John A. Volpe (posthumously)

For more information contact Diane Lind at dlind420@verizon.net or Joanne Iovenio at jli4671@yahoo.com. Also see www.maldenhighalumni.com.

Honoree Biographies

MILITARY -- THERESA (CICCOLO) PRINCE, Class of 1978– As the granddaughter of four immigrants who settled in Malden, Theresa (Terri) is a self-made girl from the projects and proud of her Malden roots where she learned the value of hard work and perseverance. After finishing nursing school and working at the old Boston City Hospital, she joined the Air Force for four years, earned college credits, used them to get a bachelor's degree in nursing, and went back into the Air Force in 1987, this time as an officer. On Nov. 7, 2015, Terri was promoted to the rank of Brigadier General, the first female in the history of the South Carolina Air National Guard to achieve that rank. A decorated veteran of multiple overseas deployments, her work affects the military readiness of the Air Force Nurse Corps worldwide and homeland security as military first responders. When not fulfilling her military responsibilities,

Terri is a licensed family nurse practitioner at Lexington Medical Center in South Carolina.

ARTS -- MARC PHANEUF, Class of 1982 -- Marc Phaneuf is a professional freelance musician, composer and arranger. His prowess with the saxophone, flute, clarinet and piano has allowed him to play alongside some of the most famous names in the music business, such as Ray Charles, Tony Bennett, Frank Sinatra, Lady Gaga and Iggy Pop. He's appeared in such original Broadway productions as the Little Mermaid, Fiddler on the Roof, Rocky and Sister Act, and sat in with the Boston Pops, the Artie Shaw and Tommy Dorsey orchestras. His movie soundtrack credits include Finding Forrester, The Aviator, Chicken Little, and television's Boardwalk Empire. He is the son of former MHS Superintendent of Schools Paul Phaneuf.

BUSINESS -- JOHN T. McCARTHY, Class of 1964 --Majoring in German at Tufts University, John T. McCarthy was president of his graduating class in 1968. Completing his master's degree program at Tufts in German in 1973, McCarthy began his four-decades-long international banking career at State Street Bank in Munich, held executive positions at the American Express Bank, and joined the Dutch ING Bank in 1991. He currently serves as chairman of ING Bank Turkey and its subsidiaries in Turkey, Ireland, and Bahrain. He has served as chairman of the Fulbright Commission for Turkey and was knighted by Queen Beatrix of the Netherlands in 2013. A resident of Istanbul, McCarthy was recently elected to the Tufts International Board of Advisors.

EDUCATION/COMMUNITY SERVICE -- VIRGINIA SHAHBAS YARDUMIAN, Class of 1946 -- With a lifelong passion to provide students the best educational opportunities possible, Virginia Shahbas Yardumian served on her local parent teachers association and the local and state League of Women Voters before running in 1968 for the Malden School Committee. Ginny, as she is known, was elected for three terms, two as chair of the committee. Her 12 years on the committee was a time of massive changes in educational and societal philosophies. After she stepped aside, Ginny remained firm in her beliefs that all students deserve and need quality public education. To that end she continues to be involved in political campaigns for those whose commitment to public education reflects her own.

EDUCATION -- DIANE PORTNOY, Class of 1963 -- Brought to this country as a toddler, the daughter of Polish immigrants who survived the Holocaust of World War II, Ms. Diane Portnoy grew up seeing the unique language challenges immigrants and

refugees faced in their new land. Educated in Malden schools, Boston University and Cornell University, Ms. Portnoy became a certified teacher and in 1992 co-founded in Malden the Immigrant Learning Center, Inc., a non-profit organization that provides free, year-round English classes to immigrant and refugee adults in Greater Boston. Under her leadership as president and CEO, the Center has grown from three classrooms serving 60 students a year to some 900 students a year now with a staff of 31. And a long waiting list. Ms. Portnoy and the school have received national recognition and numerous awards. She remains active in community, educational and civic organizations as an advocate for the positive impact immigrants have on the economy as entrepreneurs, workers and consumers.

COMMUNITY SERVICE -- JOHN BORIS, Class of '56, '64 – John Boris left Malden High School at age 17 to join the Army to help support his struggling mother and siblings, but it was a meeting years later at his butter-and-egg store clerk job in Malden Square with MHS Coach Arthur Boyle that convinced him, then 25, to return to school to get his diploma in 1964. That decision launched him on a lifetime of successful business ventures that allowed him to help fulfill his mother's words to always give back and help others. A three-time cancer survivor and heart bypass surgery patient, Boris advanced at his positions over six decades to become chairman of the Housing Authority in Salem, Ma., where he is involved with the local food bank, helps homeless families, those with autism, cancer and cardiac patients, and the elderly. He hopes he has made his mother proud.

POLITICS (Posthumously)-- JOHN A. VOLPE, Class of 1926B –The son of Italian immigrant parents, John A. Volpe rose from his construction industry background in Malden and World War II service in the U.S. Navy to twice become governor of Massachusetts, U.S. Secretary of Transportation, Ambassador to Italy and in 1968 nearly became Richard Nixon's vice presidential running mate. In 1960, Volpe successfully ran for governor, but lost his bid for a second consecutive term in 1962 to Democrat Endicott Peabody. He then defeated Francis X. Bellotti to win re-election 1964 and in 1966 won a landslide victory for a four-year term. He left the governorship early in order to assume the position of the United States Secretary of Transportation. During his administration as secretary, Amtrak was created. Volpe was appointed Ambassador to Italy from 1972 - 1976, the first Italian American to hold that position.

Contact: David D. Haskell

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