

Tornado Times
Tuesday, October 14, 2014
Volume 12, Issue #7

The contents of the Tornado Times are intended to inform Malden High School students and staff as well as the greater Malden High School community. If you would like to add something please submit the contents to Principal Dana F. Brown, dbrown@maldenps.org. Stories, pictures, reminders, club, activity, and class notes are all welcome.

Malden High School Vision Statement

The Malden High School community believes in the potential of all students to learn, to grow, and to become active, conscientious participants in the 21st century global society. We believe that students learn most effectively in a safe, respectful environment that encourages diverse viewpoints, promotes critical thinking and perseverance, and establishes rigorous standards for all. We honor the diverse nature of our community, promote social awareness and community involvement, and strive to meet the needs of all students through innovative methods and continual professional development. We are committed to ensuring that Malden High School graduates are thoughtful, independent, purpose-driven, lifelong learners. We seek to equip all students with the skills and habits necessary to successfully navigate and contribute to our ever-changing world.

Students...and Staff

The next few days:

456712	Tuesday, October 14, 2014	Summer Search meeting, 12:45
671	Wednesday, October 15, 2014	GET AHEAD DAY-
234567	Thursday, October 16, 2014	national PSAT DAY
123456	Friday, October 17, 2014	
xxxxxxxxx	Saturday, October 18, 2014	EdCamp, AP Science Prep Sessions at MHS Malden High School Alumni Association
xxxxxxxxx	Sunday, October 19, 2014	Brunch

Wednesday, October 15th is Get Ahead Day at Malden High School. The rotation for the day is 6, 7, 1.

- **Grade 9, College Visits**
- **Grades 10, 11 PSAT**
- **Grade 12, College Panel Discussion, Naviance Assistance, CPR Review**
- **Lunch Schedule**
 - **No lunch, 10:45-11:15**
 - **11:15-11:45, seniors**
 - **11:45, juniors**
 - **12:15, sophomores**

If a teacher has first lunch, he/she will need to take third or fourth lunch, because of testing - teachers need to set this up with house principal

PSATs will be distributed and collected from/in house offices.

* Seniors interested in going on a college fair? Attend the Hispanic College Fair on **October 28th** at Regis College. Transportation will be provided. All college representatives will speak both English and Spanish. Space is limited! Please see Ms. Belowsky to sign up by October 22nd.

* Seniors interested in the University of New Hampshire should see Mr. Sadowski in B424 or Ms. Belowsky in the Holland House Office about attending the Discover UNH field trip. If you have a 3.0 or higher and are interested in UNH sign up by **October 17th**. Space is limited.

In a follow-up to my email yesterday, I am attaching the specifics regarding the upcoming evaluation training sessions. As mentioned earlier, these sessions are voluntary. Both new teachers and teachers who need some brushing up on evaluation would find these sessions helpful. If you are interested in signing up for one or both of these sessions, please send an email to Nancy Weiss at nweiss@maldenps.org.

Kelly

Session	Date and Time	Location	Topics Covered in this Session
1	Wednesday, October 15 th 4:00 - 6:00	Salemwood Auditorium	* Overview of Educator Evaluation System * Rubric Review
2	Tuesday, October 28 th 4:00 - 6:00	Salemwood Auditorium	* Self Assessment and SMART Goals * Collecting Evidence

Kelly Chase, Ed.D.
Assistant Superintendent
Malden Public Schools
200 Pleasant Street
Malden, MA 02148
781-397-7204

Good morning everyone,

I am happy to say that I am back at the Teen Center running a tutoring program. Last year I worked with many of you and I am hoping to expand our program even more this year. I have already met with a few of you about some students and have already spoken with them and we have started an action plan to help them. I look forward to working with more of you this year.

For those of you who are new to Malden, the Teen Center is located across the street from the high school on the corner of Salem and Ferry streets. It is open M-F, after school until 9:00pm. I am there on Tuesdays and Thursdays, from 2:30-5:30pm. I am on the school email and am willing to meet with you when you have a prep, lunch, or after school to discuss any of your concerns for your students. I have flexible hours and will try to meet you at whatever time works best for you.

This year we will be working with the Key club so we can try to expand the days and hours that will be available for students who need help.

I am looking forward to seeing and working with my former colleagues and friends, and to meeting those of you who are new to Malden High.

Arlene Ceppetelli
aceppetelli@maldenps.org

Good Morning!

I wanted to let everyone know that Summer Search will be at MHS running an info session for all interested 10th graders on TUESDAY, OCTOBER 14, at 12:45pm. We'll meet in the guidance classroom, B340.

Below is the list of current Summer Searchers in our building and the incredible experiences they embarked on this past July and August.

Also, below is the link to Summer Search's new brochure. Feel free to print it out and hand it out to any students you feel could fit the Summer Search mold.

http://www.summersearch.org/file/press/one-pager/Boston_1pager_print.pdf

If you have any ideas of students from your classes last year who are "performing, altruistic, and resilient" (Summer Search criteria), please send their names my way asap or invite them to the meeting yourself. Think of 10th grade students who stand out as leaders, not only for their academics, but also for their good hearts, leadership qualities, and ability to persevere through tough situations. Summer searchers must also qualify for free/reduced lunch, according to federal standards.

If you'd like to learn more about the Summer Search program, check out www.summersearch.org, or stop by and see me.

Thank you!
~Erin

First Name	Last Name	Summer Program	Location
Kelvin	Cheng Bo	Voyageur Outward Bound School (VOBS)	Minnesota
Ralf	Jean	Voyageur Outward Bound School (VOBS)	Minnesota
Marwa	Khudaynazar	Deer Hill Expeditions	Colorado
Isaiah	Pierre	Chewonki	Maine
Danielle	Volmar	Maine Teen Camp	Maine
Stacey	Wong	North Carolina Outward Bound School (NCOBS)	North Carolina

Madeline	Lam	Deva Healing Center	Arizona
Amal	Anwar	Deer Hill Expeditions	Colorado
Sajeannah	Cadet	Colorado Outward Bound School (COBS)	Colorado
Josenrique	Cordero	North Carolina Outward Bound School (NCOBS)	North Carolina
Samrethy	Fineberg	Deer Hill Expeditions	Colorado
Kevin	Irungu	Voyageur Outward Bound School (VOBS)	Minnesota
Patricia	Luong	Chewonki	Maine
Tri	Pham	Colorado Outward Bound School (COBS)	Colorado
Biao	Xie	Voyageur Outward Bound School (VOBS)	Minnesota
Katherine	Howe	North Carolina Outward Bound School (NCOBS)	North Carolina
Daria	Lee	North Carolina Outward Bound School (NCOBS)	North Carolina
Richard	Melgar	National Outdoor Leadership School	Wyoming
Lucia	Quesada Nylen	National Outdoor Leadership School	New York
Ashmael	Brun	Wasatch Academy	Utah
Christine	Chu	AFS-USA, Inc.	Finland
Xiu	Lin	Cushing Academy	Massachusetts
Mark	Ortiz	Amigos de las Americas	Mexico
Nicholas	Tang	Global Glimpse	Nicaragua
Jesse	Yu	AFS-USA, Inc.	Finland
Eugene	Szeto	Global Scholars Program	South Africa
Menatallah	Hassan	Independent Program	Massachusetts
Meitong	Huang	Visions	Montana
Julio	Salazar	College Orientation Workshop	Virginia
Jonah	Kirumira	Global Glimpse	Dominican Republic
Kerry	Ngan	Global Glimpse	Nicaragua
Myle	Nguyen	Global Leadership Adventures	Peru
Tanicha	Senatus	SEA Education Association	Massachusetts
Mandy	Cheng	AFS-USA, Inc.	Costa Rica
Tracy Jane	Pierre	Global Glimpse	Nicaragua
Nicolas	Quesada Nylen	Skidmore College Precollege Program	New York
Tristar	To	Global Scholars Program	South Africa
Kaitlyn	Weng	Global Glimpse	Nicaragua

Erin M. Craven
Boyle House School Counselor

Malden High School
781-397-6022

MHSAA Homecoming 2014 to fete Nedlam's Birthday

The Homecoming, a breakfast catered by Anthony's of Malden, will be held Sunday Oct. 19, from 10 a.m. to 1 p.m., in the school's cafeteria at a cost of \$25 per person. Reservation forms are to be posted on www.maldenhighalumni.com

Nedlam is turning 55, and the Malden High School Alumni Association is planning to give the school's mascot a big birthday party at its 7th annual Homecoming celebration Oct. 19.

And just who is Nedlam? Nedlam is a lion, sort of. Actually he is a lion costume usually worn by unknown persons to rally support at MHS events, particularly sporting contests.

Nedlam-- Malden spelled backwards -- made his first appearance in the school's yearbook, the Maldonian, in 1959, according to MHSAA archivist Anthony Dickinson, Class of '66.

Nedlam's image is front and center on the cover of the 2014 Maldonian, symbolic of his prestige in the school community

The computer lab H206 is now available to sign out for the week of 10/14-10/17. Please go to the following link to access the sign-out. **Please note that period 6 will no longer be available to sign out for the rest of the year due to a class being held there.**

<http://techsignup.wikispaces.com/home>

It was suggested that we keep a log for computers that appear to be having issues in the room. You will find a list tacked to the board near the teacher's computer. If you encounter

an issue, please put it on the list so that future teachers are aware when they come in. Then please report any problems to technology.

Also, please lock the door from the inside using your bathroom key on your way out. We have had a problem with students using computers without supervision and computer mice going missing, as well as students entering the adjacent rooms. If the door is locked when you arrive, Jenelle Baldassari in H203 has the key.

Sincerely,
Kathryn Bizier
Science Teacher Leader
Malden High School
Extension 1416
Room H416

Dear MSSAA member,

As many of you are aware, the MSSAA Board and leadership have taken on the vast topic of mental health of young people in our schools as a priority for us this school year. Dating back to last year our MSSAA board meetings have included wide-ranging discussions around the mental wellness of our young people. There is unanimous support for an increase in awareness around this topic and specific recommendations to increase support for schools.

Executive Board members worked with various staff to write a position paper outlining our concerns and recommendations. We offer a link to that MSSAA Board-approved document for your review and we ask that you share the position paper with all of your constituencies including staff, students, parents, and community members.

[MSSAA Mental Health Position Paper](#) (*MSSAA Board approved June 10, 2014*)

This summer I highlighted the topic of mental health at our annual summer conference and I urged all of us to refocus the attention to students as people and not data points. At our annual MSSAA convocation, held recently, a panel made up of two high school students, two school adjustment counselors, and an outside clinician answered a wide range of questions around mental health issues among young people and the services needed and in place at our schools. An informal poll done at the Convocation showed that many administrators had already dealt with one or more students in a mental health crisis at the start of the school year. It is clear we have more work to do in this area.

As you continue to do the good work in your schools please take some time for your own health, both physical and mental.

Please do not hesitate to contact me or any member of the MSSAA Board or Executive staff with any questions or concerns.

Dana F. Brown
Principal, Malden High School
President, MSSAA

MSSAA Mental Health Position Paper

September 30, 2014

The membership of the Massachusetts Secondary School Administrators' Association (MSSAA) continues to be concerned about the well being and mental health of students in our school. In fact, in 2011, the MSSAA formed an Ad Hoc Committee chaired by Assistant Executive Director, Phillip Flaherty to address this complex issue. The MSSAA continues to promote improvements in the manner in which student mental health concerns are addressed and view this as a critical component of school improvement efforts.

The National Institute of Mental Health states that over 20 percent (or 1 in 5) children, either currently or at some point during their life, have had a seriously debilitating mental disorder. Over the past few decades the Massachusetts legislature and the DESE, along with other interested committees, organizations and the business community have worked tirelessly on Education Reform. The results have been impressive, as Massachusetts is widely regarded throughout the United States as the education leader. Despite all the reforms enacted, there remain impediments to learning and issues of equity.

Mental health disorders affecting children and adolescents include but are not limited to: attention-deficit/hyperactivity disorder, autism, depression, eating disorders, schizophrenia, and bi-polar disorder. Students suffering from these ailments are at serious risk of academic failure. Students and their families are experiencing and presenting an increasing number of mental health issues that schools are ill equipped to address in isolation. The lack of internal and external resources negatively impacts the ability of the school to meet the needs of all students.

School leaders have an important stake in promoting mental health in our schools. As they do so, school administrators face an array of challenges. Unfortunately, for historical and cultural reasons, mental illness has persistently been stigmatized in our society. This stigma is manifested by bias, distrust, stereotyping, fear, embarrassment, anger, and avoidance. Addressing psychosocial and mental health concerns in schools typically is not assigned a high priority, except when a high-visibility event occurs. These challenges underscore the need for a comprehensive effort to build the capacity of schools as they help all their students reach their maximum potential.

Given limited capacity to address mental health issues, schools have historically used their resources to hire a substantial number of student support professionals. These school staff members have been the core around which programs have emerged. With increased accountability for academic results, school counselors, who represent the majority of student support professionals in schools, have seen their responsibilities shift away from mental health toward an academic focus, leaving an even wider gap in support services.

According to the Department of Education National Center for Educational Statistics Public Elementary and Secondary School Student Enrollment and Staff Counts from the Common Core of Data: School Year 2010-2011 First Look, in the Commonwealth of Massachusetts, the current ratio is one counselor for 441 students.

The American School Counselors Association recommends a ratio of 250 students per counselor.

Recent research confirms that school leadership affects student achievement, second only to instruction. Principals and assistant principals play a critical role in leading schools' efforts to serve each student, particularly those who are at risk.

MSSAA believes that a focused effort to invest resources in mental health at the local, state, and federal levels will address the issue at hand.

Federal, state, and local government must provide financial support to enable local communities to implement a comprehensive culturally and linguistically appropriate school mental health program that incorporates positive behavioral interventions and supports to foster the health and development of students.

The Commonwealth of Massachusetts, along with local governments should facilitate community partnerships among families, students, law enforcement agencies, education systems, mental health and substance-abuse service systems, family-based mental health service systems, welfare agencies, health care service systems, and other community-based systems. State-funded school-based wellness centers would provide students with a comprehensive health support system that would include mental health services.

MSSAA supports:

- The promotion of the social, emotional, and behavioral health of all students in an environment that is conducive to learning that encourages development of quality partnerships with parents and community resources
- The early identification of social, emotional, or behavioral problems and the treatment or referral for treatment of students with existing social, emotional, or behavioral health problems or behavioral health problems through the provision of early intervention services
- Funding that will enable school leaders to offer comprehensive staff development for school and community service personnel working in schools to promote good student mental health and appropriately address student mental health concerns
- Funding that will enable school districts to adopt the American School Counselors Association recommendation of 250 students per guidance counselor
- Funding that will enable school districts to provide more funding for in school health clinics that are staffed with professional mental health providers
- Full funding and enforcement of Chapter 321 of the Acts of 2008, An Act relative to Children's Mental Health by the Massachusetts Legislature

Adopted unanimously by MSSAA Board of Directors on June 10, 2014