Tornado Times Volume 14, Issue #20 - Monday, January 23, 2017

Please email me anything you'd like included in Monday's edition by the previous Friday at Noon.

Malden High School Vision Statement

The Malden High School community believes in the potential of all students to learn, to grow, and to become active, conscientious participants in the 21st century global society. We believe that students learn most effectively in a safe, respectful environment that encourages diverse viewpoints, promotes critical thinking and perseverance, and establishes rigorous standards for all. We honor the diverse nature of our community, promote social awareness and community involvement, and strive to meet the needs of all students through innovative methods and continual professional development. We are committed to ensuring that Malden High School graduates are thoughtful, independent, purpose-driven, lifelong learners. We seek to equip all students with the skills and habits necessary to successfully navigate and contribute to our ever-changing world.

Principal's Note

The Alzheimer's Association running team had an 'alumni run' on Saturday, which for me meant I didn't have to do my 7 mile training run all by myself. It also meant I got to see a lot of old friends, friends who knew the struggle of training for distance running, but also friends who knew the struggle of caring for someone with Alzheimer's. As usual as I was running I started thinking about the parallels between that experience and other things in my life, and the parallel with working in a school was particularly striking to me. As personal as this field is, we often do our work in isolation. We share some things, perhaps with those who we are personally closest to, or those who teach the most similar group of students or most similar content, but by and large schools are filled with room after room of independent contractor who teaches their students for 45 to 90 minutes at a time a number of times per day, goes home to deal with the rest of their lives, then returns to repeat the same cycle.

Running is incredibly solitary as well, but seeing my old Boston Marathon teammates reminded me of the safety and support I always felt meeting up with them every Saturday morning to tackle a new distance. There wasn't a lot they could do to make me a better runner, but knowing I had somebody to bounce ideas off of, to vent, to ask questions I was afraid to ask others, made me more eager to do as well as I could for the team. We need to find better and more frequent ways to share our work with the idea that we can help each other be more successful and feel more supported. I have some tangible ideas around this that I will send out during the week, but I hope independent of that you can think of ways to increase your own support of your colleagues and make yourself vulnerable enough to reach out for that same support. As great uncle Vince said, "Individual commitment to a group effort – that is what makes a team work, a company work, a society work, a civilization work." – Vince Lombardi (not actually my great uncle)

Early Release Meeting

A reminder that for our 1/23 early release we are meeting as a faculty in the auditorium at 1:55pm.

Assembly Schedule Tuesday

Tuesday 1/31 (NOT THIS TUESDAY AS ORIGINALLY STATED) we will follow an assembly schedule. We will have assemblies by grade level in the following locations at 8:40am: Seniors – Audiorium / Juniors – Cafeteria A / Sophomores – Cafeteria B / Freshmen – Gym

ASSEMBLY SCHEDULE

Homeroom	7:45 – 7:55
Block A	7:55 – 8:40
Assembly	8:40 – 9:20
Block B	9:20 – 10:05
Block C	10:05- 10: 45
Block D (Lunch)	$\begin{array}{l} \textbf{1st Lunch:}\\ 10:45-11:15 (lunch)\\ 11:15-12:45 (class)\\ \hline \textbf{2nd Lunch:}\\ 10:45-11:15 (class)\\ 11:15-11:45 (lunch) 11:45-12:45 (class)\\ \hline \textbf{3rd Lunch:}\\ 10:45-11:45 (class)\\ 11:45-12:15 (lunch)\\ 12:15-12:45 (class)\\ \hline \textbf{4th Lunch:}\\ 10:45-12:15 (class)\\ 12:15-12:45 (lunch)\\ 12:15-12:45 (lunch)\\ \end{array}$
Block E	12:45 – 1:30
Block F	1: 30- 2:15

MCAC Event

A huge thank you to the guidance staff for partnering with Gear Up to put on our first MCAC (Massachusetts College Acceptance Celebration) event! In just a few hours, 31 students applied to 46 colleges, with 12 receiving on the spot admittance. Great work by all!

2nd Quarter Parent/Teacher Night

Reminder that our 2nd parent-teacher night of the year will be held on Thursday January 26th from 5-7pm.

MHS Figure Skating

Congratulations to figure skaters Allyson Kummins and Alyssa Ardai, who represented Malden High at the Winterfest Competition on January 16th. Kummins placed first in Preliminary freeskate and Ardai placed third in Pre-preliminary freeskate. The girls placed second in their team maneuvers event. Great work skaters!



Lunar New Year Celebration

Wonderful job by Julie Snyder, the MHS Asian Cultural Club, and the Chinese Cultural Connection on a successful Lunar New Year celebration held at MHS Saturday.



Athletics Calendar		
Tue Jan 24	4:00pm	Swim / Medford - Medford
	4:00pm	GFR Basketball / Everett - Everett High School
	5:30pm	G JV Basketball / Everett - Everett High School
	7:00pm	G V Basketball / Everett - Everett High School
	4:00pm	G FR Basketball Home / Lynn Classical - MHS Finn Gym
	5:30pm	G JV Basketball Home / Lynn Classical - MHS Finn Gym
	6:30pm	B Hockey Home / E. Longmeadow - Cronin Rink
Wed Jan 25	7:00pm	G V Basketball Home / Lynn Classical - MHS Finn Gym
	4:00pm	Gymnastics / Medford - Medford High School
Thu Jan	6:55pm	G Hockey / Masconomet - Haverhill Valley Forum
26	4:00pm	B FR Basketball / Medford - Medford High School
	4:00pm	G FR Basketball Home / Medford - MHS Finn Gym
Fri Jan 27	5:30pm	G JV Basketball Home / Medford - MHS Finn Gym
	5:30pm	B JV Basketball / Medford - Medford High School
	7:00pm	G V Basketball Home / Medford - MHS Finn Gym
_	7:00pm	B V Basketball / Medford - Medford High School

Remember to follow me on Twitter! - @MHSLombardi