

February 2025

Malden Public Schools K-8

LUNCH MENU

Possible Daily Offerings

Ham or Turkey Sandwich

Sun Butter & Jelly

The American Cheese Sandwich

Fun Lunch

Yogurt Fruit Cup

Bento Box

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% or Low-Fat Milk

MON	TUES	WED	THURS	FRI
<p>3</p> <p>Double Stuffed Breadsticks Served with Marinara Sauce</p> <p>Garbanzo Beans</p> <p>Baby Carrots</p> <p>Red Delicious Apples</p>	<p>4</p> <p>Popcorn Chicken Bowl (Popcorn Chicken, Corn & Mashed Potatoes)</p> <p>Celery Sticks</p> <p>Honeydew Melon</p>	<p>5</p> <p>Early Release</p>	<p>6</p> <p>All Beef Cheeseburger</p> <p>Halal Burger</p> <p>Tater Tots</p> <p>Grape Tomatoes</p> <p>Orange Slices</p>	<p>7</p> <p>Personal Deep Dish Cheese or Pepperoni Pizza</p> <p>Side Salad</p> <p>Sliced Cucumbers</p> <p>Cantaloupe</p>
<p>10</p> <p>Crispy Chicken & Ranch Sandwich</p> <p>Crinkle Cut Fries</p> <p>Baby Carrots</p> <p>Grapes</p>	<p>11</p> <p>Meatball Sub</p> <p>Sweet Potato Fries</p> <p>Grape Tomatoes</p> <p>Oranges Slices</p>	<p>12</p> <p>Chicken Pasta Alfredo</p> <p>Roasted Broccoli</p> <p>Whole Wheat Roll</p> <p>Celery Sticks</p> <p>Red Delicious Apples</p>	<p>13</p> <p>Cheesy Dogs</p> <p>Halal Hot Dogs</p> <p>Smiley Fries</p> <p>Cucumber Slices</p> <p>Fresh Pears</p>	<p>14</p> <p>Shop Style Cheese or Pepperoni</p> <p>Steamed Peas</p> <p>Side Salad</p> <p>Honeydew Melon</p>
<p>17</p> <p>No School</p>	<p>18</p> <p>No School</p>	<p>19</p> <p>No School</p>	<p>20</p> <p>No School</p>	<p>21</p> <p>No School</p>
<p>24</p> <p>Chicken Parmesan Sandwich</p> <p>Spiral Fries</p> <p>Cucumber Slices</p> <p>Honeydew Melon</p>	<p>25</p> <p>Beef & Cheese Nachos</p> <p>Roasted Corn</p> <p>Black Beans</p> <p>Grapes</p>	<p>26</p> <p>Penne Pasta With Meatballs & Homemade Sauce</p> <p>Whole Wheat Roll</p> <p>Steamed Carrots</p> <p>Grape Tomatoes</p> <p>Fresh Pears</p>	<p>27</p> <p>Crispy Chicken Tenders</p> <p>Halal Chicken Tenders</p> <p>Sweet Potato Fries</p> <p>Baby Carrots</p> <p>Red Delicious Apples</p>	<p>28</p> <p>Personal Deep Dish Cheese or Pepperoni Pizza</p> <p>Steamed Green Beans</p> <p>Side Salad</p> <p>Cantaloupe</p>

Powering potential.

Menus are subject to change.

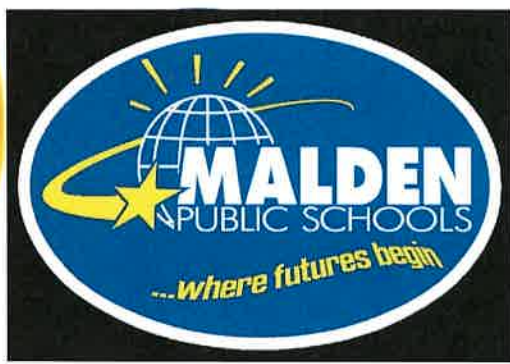
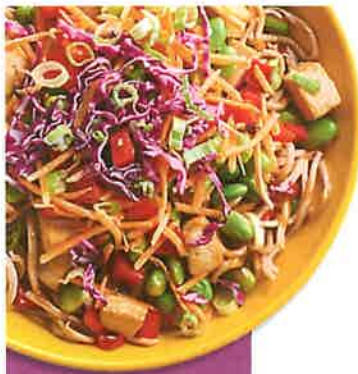


Halal Items Available every Thursday. Please order Halal items the day before to insure Product availability

Please Inform your server of any allergy you may have
Any Questions Please Call the Food Service Office



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February 2025

Malden Public Schools 5-8

LUNCH MENU

Possible Daily Offerings

Ham or Turkey Sandwich

Sun Butter & Jelly

The American Cheese Sandwich

Fun Lunch

Yogurt Fruit Cup

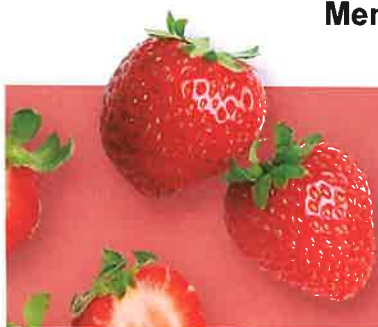
Bento Box

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% or Low-Fat Milk

MON	TUES	WED	THURS	FRI
3 Double Stuffed Breadsticks Served with Marinara Sauce Garbanzo Beans Grape Tomatoes Red Delicious Apples	4 Popcorn Chicken Bowl (Popcorn Chicken, Corn & Mashed Potatoes) Celery Sticks Honeydew Melon	5 Early Release	6 General Tso's Chicken & Broccoli Over Rice Baby Carrots Orange Slices	7 Personal Deep Dish Cheese or Pepperoni Pizza Side Salad Sliced Cucumbers Cantaloupe
10 Meatball Sub Sweet Peas Baby Carrots Grapes	11 Grilled Cheese Sweet Potato Fries Grape Tomatoes Oranges Slices	12 Chicken Pasta Alfredo Roasted Broccoli Whole Wheat Roll Celery Sticks Red Delicious Apples	13 Beef Enchiladas Roasted Corn Red Beans Cantaloupe	14 Shop Style Cheese or Pepperoni Steamed Green Beans Side Salad Honeydew Melon
17 No School	18 No School	19 No School	20 No School	21 No School
24 Chicken Parmesan Sandwich Spiral Fries Cucumber Slices Honeydew Melon	25 Beef & Cheese Nachos Roasted Corn Black Beans Grapes	26 Buffalo Chicken Meatballs With Mac & Cheese Whole Wheat Roll Steamed Carrots Grape Tomatoes Fresh Pears	27 Cheesy Dogs Tater Tots Cucumber Slices Fresh Pears	28 Personal Deep Dish Cheese or Pepperoni Pizza Steamed Green Beans Side Salad Cantaloupe

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February 2025

Malden Public Schools E.L.C.

LUNCH MENU

Possible Daily Offerings

Ham or Turkey Sandwich

Sun Butter & Jelly

The American Cheese Sandwich

Fun Lunch

Yogurt Fruit Cup

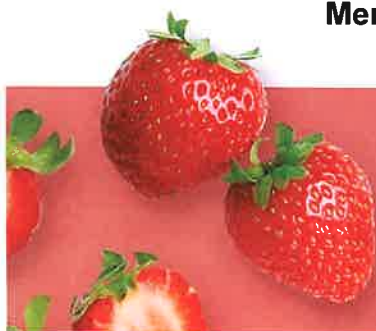
Bento Box

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% or Low-Fat Milk

MON	TUES	WED	THURS	FRI
3 Italian Dunkers (Mozzarella Sticks) with Marinara Dipping Sauce Baby Carrots Red Delicious Apples	4 Breakfast For Lunch Mini Chocolate Chip French Toast Turkey Sausage Patties Tater Tots Steamed Corn Honeydew Melon	5 Early Release	6 Chicken Nuggets Sweet Orange Pepper Strips Ranch Dressing Orange Slices	7 Personal Deep Dish Cheese or Pepperoni Pizza Sliced Cucumbers Cantaloupe
10 Chicken Fingers Sweet Potato Fries Steamed Corn Oranges Slices	11 Breakfast at Lunch French Toast Sticks Turkey Sausage Patties Tater Tots Blueberries	12 Chicken Pasta Alfredo Roasted Broccoli Whole Wheat Roll Apple Slices	13 Grilled Cheese Sandwich Smiley Fries Baked Beans Diced Pears	14 Pizza Crunchers Marinara Dipping Sauce Red Peppers Ranch Dressing Honeydew Melon
17 No School	18 No School	19 No School	20 No School	21 No School
24 Cheese Nachos Roasted Corn Black Beans Diced Peaches	25 Breakfast For Lunch Mini Whole Grain Waffles Sausage Patties Green Beans Honeydew Melon	26 Penne Pasta Homemade Marinara Sauce Whole Wheat Roll Steamed Carrots Diced Pears	27 Crispy Chicken Tenders Sweet Potato Fries Apple Sauce	28 Personal Deep Dish Cheese or Pepperoni Pizza Broccoli Bites Ranch Dressing Cantaloupe

Powering potential.

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February 2025

Malden Public High School LUNCH MENU

Made to Order
Deli Bar

Various Cold Cuts
& Cheeses
Available

Tuna Salad,
Chicken Salad &
Egg Salad

Lettuce & Tomato
Slices

Yogurt & Fruit Parfaits

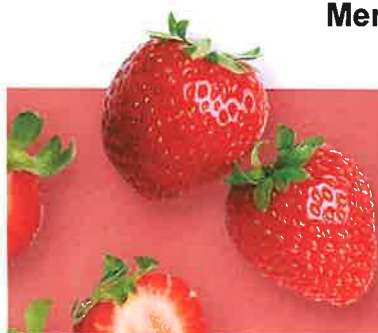
Yogurt & Fruit Platters

All Lunches
Must Include
Choice of:
Fruits and/or
Vegetable
And May
Include:
1% or Low-Fat
Milk

Powering
potential.

	MON	TUES	WED	THURS	FRI
	³ Breakfast For Lunch French Toast Sausage Links Tater Tots Siracha Maple Syrup Steamed Peas Grapes	⁴ Meatball Parmesan Sub Waffle Fries Celery Sticks Honeydew Melon	⁵ Early Release	⁶ General Tso's Chicken & Broccoli Over Rice Baby Carrots Orange Slices	⁷ Shop Style Cheese or Pepperoni Pizza Side Salad Sliced Cucumbers Cantaloupe
	¹⁰ Chicken Pineapple & Rice Bowl Steamed Carrots & Celery Sticks Red Delicious Apples	¹¹ Corn Dogs with Cole Slaw Roasted Corn Grapes	¹² Chicken Pasta Alfredo Roasted Broccoli Whole Wheat Roll Baby Carrots Fresh Pears	¹³ Steak & Cheese Sub Bar Vegetarian Baked Beans Cucumber Slices Cantaloupe	¹⁴ Shop Style Cheese or Pepperoni Steamed Green Beans Side Salad Honeydew Melon
	¹⁷ No School	¹⁸ No School	¹⁹ No School	²⁰ No School	²¹ No School
	²⁴ Chicken Parmesan Sandwich Spiral Fries Cucumber Slices Honeydew Melon	²⁵ Grilled Cheese & Tomato Soup Grape Tomatoes Oranges Slices	²⁶ Buffalo Chicken Meatballs With Mac & Cheese Whole Wheat Roll Steamed Carrots Grape Tomatoes Fresh Pears	²⁷ Top Your Own Hot Dog Bar Tater Tots Cucumber Slices Fresh Pears	²⁸ Shop Style Cheese or Pepperoni Pizza Steamed Green Beans Side Salad Cantaloupe

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