



# April 2025

## Malden Public Schools K-8 LUNCH MENU

### Possible Daily Offerings

Turkey or Ham  
Sandwich

Sun Butter & Jelly  
Sandwich

The All American  
Cheese Sandwich

Fun Lunch (V)

Yogurt Fruit Cup

Bento Boxes

All Lunches Must  
Include Choice  
of:  
Fruits and/or  
Vegetable  
And May  
Include:  
1% or Low-Fat  
Milk

## Powering potential.

	MON	TUES	WED	THURS	FRI
		Beef & Cheese Nachos Steamed Corn Black Beans Red Delicious Apples	Chicken Broccoli Penne Alfredo Whole Wheat Dinner Roll Grape Tomatoes Bananas	Cheeseburger Halal Burger Sweet Potato Fries Baby Carrots Fresh Melons	Shop Style Cheese or Pepperoni Pizza Cucumber Slices Side Salad Orange Slices
	Meatball Sub Crinkle Fries Grape Tomatoes Grapes	Grilled Chicken Sandwich Choice of Plain, Buffalo Or BBQ Sauce Vegetarian Baked Beans Celery Sticks Red Delicious Apples	Pasta with Meat Sauce Whole Wheat Dinner Roll Zucchini Grape Tomatoes Orange Slices	Chicken Tenders Halal Chicken Nuggets Tater Tots Sliced Cucumbers Fresh Melons	Personal Size Pan Pizza Side Salads Steamed Broccoli Clementine's
	Breakfast at Lunch French Toast Sticks Turkey Sausage Tater Tots Steamed Corn Grapes	Cheese Stuffed Pizza Sticks Sweet Peas Marinara Sauce Clementine's	Mac N Cheese Whole Wheat Dinner Roll Steamed Carrots Garbanzo Beans Fresh Melons	Beef Hot Dogs Halal Hot Dogs Smiley Fries Baby Carrots Red Delicious Apples	Early Release
	No School	No School	No School	No School	No School
	Chicken Parmesan Sandwich Spiral Fries Garbanzo Beans Orange Slices	Breakfast at Lunch Belgian Waffles Turkey Sausage Sweet Potato Fries Cucumber Fries Grapes	Pasta & Meatballs Whole Wheat Dinner Roll Steamed Green Beans Grape Tomatoes Clementine's		

**Menus are subject to change.**



(Now Serving Halal Deli Turkey Sandwiches)

Please Inform Your Server of any Food  
Allergies

If you any Questions Please Call the Food Service  
Department 781-397-6035

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STUDENT  
NUTRITION

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# April 2025

## E.L.C. School

### LUNCH MENU

#### Possible Daily Offerings

Sunbutter & Jelly Sandwich

The All American Cheese Sandwich

Locally Sourced Produce used when Available

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% or Low-Fat Milk

	MON	TUES	WED	THURS	FRI
		French Toast Sticks Sausage Patties Tater Tots Apple Sauce	Pasta Marinara String Beans Orange Slices	Popcorn Chicken Mashed Potatoes Diced Pears	Personal Size Cheese Pizza Sliced Cucumber Diced Peaches
	Cheese Nachos Black Beans Apple Slices	Pizza Crunchers Sweet Potato Fries Orange Slices	Mac & Cheese Steamed Carrots Blueberries	Grilled Cheese Sandwich Crinkle Fries Fresh Melons	Personal Size Cheese Pizza Roasted Broccoli Fruit Juice
	Italian Dippers Marinara Sauce Apple Slices	Waffles Sausage Patties Sweet Potato Fries Blueberries	Pasta Marinara Green Peas Orange Slices	Chicken Nuggets Tater Tots Fresh Melons	Early Release
	No School	No School	No School	No School	No School
	Popcorn Chicken Mashed Potatoes Diced Pears	French Toast Sticks Sausage Patties Tater Tots Strawberry Cups	Chicken, Broccoli & Ziti In Alfredo Sauce Orange Slices		

Menus are subject to change.



Please Inform Your Server of any Food Allergies you may Have

Any Questions please Call the Food Service Department 781-397-6035



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# April 2025

## Salemwood 5-8

### LUNCH MENU

#### Possible Daily Offerings

Ham or Turkey Sandwich

Sun Butter & Jelly

The All American Cheese Sandwich

Fun Lunch

Yogurt Fruit Cup

Bento Box

All Lunches  
Must Include  
Choice of:  
Fruits and/or  
Vegetable  
And May  
Include:  
1% or Low-Fat  
Milk

Powering  
potential.

MON	TUES	WED	THURS	FRI
	<sup>1</sup> Breakfast at Lunch Buttermilk Pancakes Warm Blueberries Sausage Links Steamed Carrots Cucumber Slices	<sup>2</sup> Mac N Cheese Whole Wheat Dinner Roll Sweet Peas Celery Sticks Fresh Melons	<sup>3</sup> Nacho Bar Steamed Corn Black Beans Orange Slices	<sup>4</sup> Personal Size Deep Dish Cheese or Pepperoni Side Salad Celery Sticks Grapes
<sup>7</sup> Double Stuffed Breadsticks With a Side of Marinara Sauce Garbanzo Beans Red Delicious Apples	<sup>8</sup> Popcorn Chicken Bowl (Mashed Potatoes, Popcorn Chicken and Steamed Corn) Fresh Melons	<sup>9</sup> Pasta & Meatballs Whole Wheat Rolls Steamed Green Beans Baby Carrots Clementine's	<sup>10</sup> Cheesy Dogs Halal Dogs Smiley Fries Cucumber Slices Grapes	<sup>11</sup> Shop Style Cheese or Pepperoni Pizza Sweet Peas Pepper Strips Orange Slices
<sup>14</sup> Meatball Subs Spiral Fries Grape Tomatoes Red Delicious Apples	<sup>15</sup> Chicken Pineapple Bowl Steamed Carrots Celery Sticks Fresh Melons	<sup>16</sup> Chicken & Broccoli Alfredo Over Pasta Whole Wheat Roll Grape Tomatoes Blueberries	<sup>17</sup> Beef & Cheese Burritos Tater Tots Cucumber Slices Grapes	<sup>18</sup> Early Release
<sup>21</sup> No School	<sup>22</sup> No School	<sup>23</sup> No School	<sup>24</sup> No School	<sup>25</sup> No School
<sup>28</sup> Chicken Parmesan Sandwich Sweet Potato Fries Grape Tomatoes Red Delicious Apples	<sup>29</sup> Steak & Cheese Sub (Warm Cheese Sauce) Crinkle Fries Cucumber Slices Fresh Melons	<sup>30</sup> Buffalo Chicken Meatballs With Mac N Cheese Whole Wheat Rolls Cauliflower Baby Carrots Orange Slices		

Menus are subject to change.



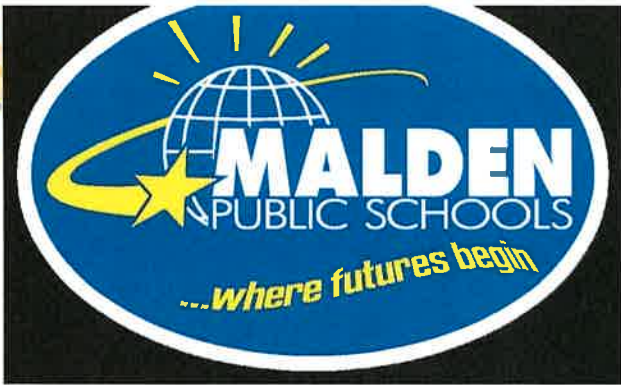
Halal Items Available Every Thursday

Please Inform Your Server of any Food Allergies  
you may Have.

Any Questions you have please the Food  
Service Office at 781-267-6925

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# April 2025

## Malden High School

### LUNCH MENU

**Made to Order  
Deli Bar**

**Various Cold  
Cuts & Cheeses  
Available**

**Tuna Salad, Egg  
Salad & Chicken  
Salad**

**Lettuce &  
Tomato Slices**

**Yogurt & Fruit  
Platters or  
Parfaits**

**All Lunches  
Must Include  
Choice of:  
Fruits and/or  
Vegetable  
And May  
Include:  
1% or Low-Fat  
Milk**

**Powering  
potential.**

MON	TUES	WED	THUR	FRI
	<i>Teriyaki Chicken Over White Rice Steamed Carrots Celery Sticks Orange Slices</i>	Beef Mac & Cheese Steamed Broccoli Grape Tomatoes Red Delicious Apples	Pancakes Sausage Tater Tots Red Beans Warm Blueberries	Shop Style Cheese or Pepperoni Pizza Side Salad Cucumber Slices Clementine's
Country Chicken Bowl (Mashed Potatoes, Corn, Pop Corn Chicken & Gravy) Orange Slices	Grilled Cheese & Tomato Soup Sweet Peas Grapes	Pasta with Meat Sauce Grape Tomatoes Zucchini Red Delicious Apples	BBQ Chicken on the Bone Sweet Potato Fries Vegetarian Baked Cucumber Fresh Melons	Shop Style Cheese or Pepperoni Pizza Side Salad Red Bean Clementine's
General Tso's Chicken White Rice Roasted Broccoli Celery Sticks Grapes	Steak & Cheese Sub Crinkle Fries Steamed String Beans Grapes	Buffalo Mac N Cheese Steamed Corn Red Beans Red Delicious Apples	Shop Style Cheese or Pepperoni Pizza Side Salad Sliced Cucumbers Fresh Melons	Early Release
No School	No School	No School	No School	No School
Breakfast at Lunch French Toast Turkey Sausage Hash Browns Baby Carrots Grapes	Baked Potato Bar Meat, Vegetable & Cheese Toppings Orange Slices	Chicken, Broccoli, Alfredo over Pasta Grape Tomatoes Red Delicious Apples		

**Menus are subject to change.**



Halal Items Available Every Thursday. Please  
order Halal Items the day before to insure  
Product Availability.

Please Inform your Server of Any Food Allergy

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