



May 2025

# Malden High School Menu

## Made to Order Deli

Various Cold Cuts & Cheeses Available

Tuna Salad, Egg Salad & Chicken Salad

Lettuce, Tomatoes Slices

Yogurt & Fruit Platters or Parfaits

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% or Low-Fat Milk

MON	TUES	WED	THURS	FRI
			1 Corn Dogs on a Stick Black Beans Roasted Corn Granny Smith Apples	2 Shop Style Cheese or Pepperoni Pizza Side Salad Celery Sticks Fresh Melons
5 Roasted Chicken Tater Tots Cucumber Slices Roasted Broccoli Fresh Pears	6 Grilled Cheese Tomato Soup Baby Carrots Sliced Oranges	7 Early Release	8 Baked Potato Bar Sweet Peas Garbanzo Beans Red Delicious Apples	9 Shop Style Cheese or Pepperoni Pizza Side Salad Celery Sticks Grapes
12 General Tso's Chicken Over Rice Roasted Broccoli Baby Carrots Fresh Melons	13 BBQ Pulled Pork Dinner Mashed Potatoes Roasted Corn Dinner Roll Sliced Oranges	14 Mac & Cheese with Buffalo Meatballs String Beans Grape Tomatoes Bananas	15 Pineapple Chicken Bowl Sweet Peas Red Delicious Apples	16 Shop Style Cheese or Pepperoni Pizza Side Salad Cucumber Slices Grapes
19 Country Chicken Bowl (Chicken, Gravy, Mashed Potatoes, Corn) Red Delicious Apples	20 Tater Tot Bar Steamed Peas Baby Carrots Fresh Pears	21 Pasta Pomodoro Whole Wheat Dinner Roll Green Beans Orange Slices	22 Teriyaki Chicken Over Rice Roasted Broccoli Celery Sticks Fresh Melons	23 Shop Style Cheese or Pepperoni Pizza Side Salad Cucumber Slices Grapes
26 No School	27 Breakfast at Lunch French Toast Sticks Sausage Links Steamed Carrots Warm Blueberries	28 Chicken Alfredo Whole Wheat Dinner Roll Roasted Broccoli Grape Tomatoes Bananas	29 Hot Dog Bar (Meat and Cheese Toppings) 3 Bean Salad Fresh Pears	30 Shop Style Cheese or Pepperoni Pizza Side Salad Sliced Cucumbers Sliced Oranges

Menus are subject to change.



Halal Items Every Thursday. Please Place your Order to Insure Product Availability .

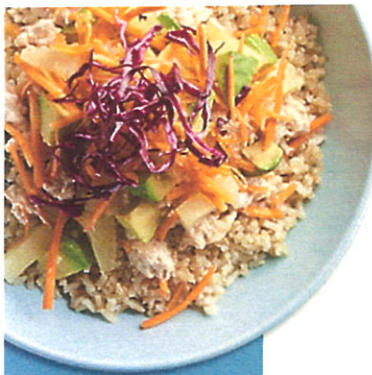
Please Inform your Server of any Food Allergies

If you Have any Questions please Call the Food Service Department (781-267-6925)

**aramark**  
STUDENT  
NUTRITION

This institution is an equal opportunity provider.





# May 2025 Malden K-8 Lunch Menu

## Possible Daily Offerings

Turkey or Ham  
Sandwich

Sun Butter & Jelly

The All American  
Cheese Sandwich

Fun Lunch (V)

Yogurt Fruit Cup

Bento Boxes

All Lunches  
Must Include  
Choice of:  
Fruits and/or  
Vegetable  
And May  
Include:  
1% or Low-Fat  
Milk

MON	TUES	WED	THURS	FRI
			1 Cheeseburger Halal Burger Roasted Broccoli Vegetarian Baked Beans Red Delicious Apples	2 Personal Size Cheese or Pepperoni Pizza Side Salad Steamed Carrots Fresh Melons
5 Popcorn Chicken Bowl (Mashed Potato, Corn & Popcorn Chicken) Red Delicious Apples	6 Beef & Cheese Nachos Roasted Corn Black Beans Orange Slice	7 Early Release Day	8 All Beef Hot Dog Halal Hot Dog Smiley Fries Cucumber Slices Fresh Plums	9 Shop Style Cheese or Pepperoni Pizza Side Salad Steamed Peas Fresh Melons
12 Chicken, Bacon & Cheddar Melt Vegetarian Baked Beans Celery Sticks Orange Slices	13 Meatball Sub Crinkle Fries Garbanzo Beans Fresh Peaches	14 Chicken Alfredo Over Pasta Whole Wheat Dinner Roll Grape Tomatoes Fresh Bananas	15 Chicken Tenders Halal Chicken Nuggets Sweet Potato Fries Red Delicious Apples	16 Cheese or Pepperoni Pizza Bagel Side Salad Sweet Peas Grapes
19 Grilled Cheese Sweet Potato Fries Grape Tomatoes Fresh Peaches	20 Corn Dogs Black Beans Sweet Potato Fries Fresh Melons	21 Beef Mac & Cheese Whole Wheat Dinner Roll Steamed Carrots Celery Sticks Bananas	22 Cheeseburger Halal Nuggets Tater Tots Sliced Cucumbers Orange Slices	23 French Bread Cheese or Pepperoni Pizza Side Salad Sliced Cucumbers Grapes
26 No School	27 Chicken Tenders, Cole Slaw, Old Fashion Biscuit Side of BBQ Sauce Steamed Carrots Red Delicious Apples	28 Pasta Pomodoro Whole Wheat Dinner Rolls Green Beans Bananas	29 All Beef Hot Dogs Halal Hot Dogs Celery Sticks Vegetarian Baked Beans Fresh Melons	30 Personal Size Cheese & Pepperoni Side Salad Steamed Corn Fresh Pears

**Menus are subject to change.**



(Now Offering Halal Deli Turkey Sandwiches)

Please Inform Your Servers of Any Food Allergies

If You Have Any Questions Please Call the Food  
Service Department Office at 781-394-6035

**aramark**  
STUDENT  
NUTRITION

This institution is an equal opportunity provider.





# May 2025 Malden Public Schools E.L.C Menu

## Possible Daily Offerings

Sun Butter &  
Jelly Sandwich

All American  
Cheese  
Sandwich

Locally Sourced  
Produce Used  
When Available

All Lunches  
Must Include  
Choice of:  
Fruits and/or  
Vegetable  
And May  
Include:  
1% & Low-Fat  
Milk

Powering  
potential.

MON	TUES	WED	THURS	FRI
			<sup>1</sup> Grilled Cheese Sweet Potato Fries Apple Slice	<sup>2</sup> Pizza Crunchers Cucumber Slices Fruit Punch
<sup>5</sup> Popcorn Chicken Mashed Potatoes Orange Slices	<sup>6</sup> Cheese Nachos Black Beans & Corn Salad Blueberries	<sup>7</sup> Early Release	<sup>8</sup> Breakfast for Lunch French Toast Sticks Sausage Patties Tater Tots Fresh Melons	<sup>9</sup> French Bread Cheese Pizza Roasted Broccoli Fruit Punch
<sup>12</sup> Italian Dippers Marinara Sauce Sweet Potato Fries Orange Slices	<sup>13</sup> Chicken Nuggets Tater Tots Pineapple Bits	<sup>14</sup> Chicken Alfredo Steamed Broccoli Apple Sauce	<sup>15</sup> Breakfast for Lunch Pancakes Sausage Patties Steamed Corn Fresh Melons	<sup>16</sup> Pizza Crunchers Green Beans Fruit Punch
<sup>19</sup> Popcorn Chicken Smiley Fries Diced Peaches	<sup>20</sup> Grilled Cheese Crinkle Fries Fresh Melons	<sup>21</sup> Mac & Cheese Steamed Carrots Apple Slices	<sup>22</sup> Breakfast for Lunch Waffles Sausage Patties Sweet Peas Orange Slices	<sup>23</sup> Bagel Cheese Pizza Cucumber Slices Blueberries
<sup>26</sup> No School	<sup>27</sup> Cheese Nachos Steamed Carrots Fresh Melons	<sup>28</sup> Pasta Marinara Garbanzo Beans Bananas	<sup>29</sup> Egg & Cheese Breakfast Sandwich on English Muffin Roasted Corn Blueberries	<sup>30</sup> French Bread Cheese Pizza Cucumber Slices Fruit Punch

Menus are subject to change.



(Please Inform Your Server of any Food  
Allergies That You May Have)

Any Questions Please Call the Food Service  
Department  
781-397-6035

**aramark**  
STUDENT  
NUTRITION

This institution is an equal opportunity provider.